




**2020** TEEN  
CHALLENGE  
CANADA

# ANNUAL REPORT



**“AS A WOMAN AND A TEEN CHALLENGE CANADA GRADUATE, I AM PROUD TO SEE THAT IN 2020, THE ATLANTIC HOPE WOMEN’S CENTRE IN ST. JOHN’S, NL, CELEBRATED ITS FIRST FULL YEAR OF HELPING WOMEN FROM ATLANTIC CANADA FIND FREEDOM FROM ADDICTION.”**

**— LISA POWER, TEEN CHALLENGE GRADUATE 2013**

TEEN CHALLENGE CANADA

# A MESSAGE FROM THE CEO

GLEN SMELTZER

**Wow, what a year that only God could have foreseen! Yet, He was present with us at every step. Teen Challenge saw His consistent provision and support over the last 12 months, including during an early-March COVID-19 outbreak at our Ontario Men’s Centre, in London, ON.**

At every Centre, our staff have been outstanding! They have been flexible and creative, trusting God as they dealt with constant changes in Public Health regulations and evolving Health & Safety procedures; all while still helping men and women succeed in our program.

As CEO, I am proud and was often inspired by the positive attitudes of our clients. They embraced the privilege of being in a safe place, faithfully followed all the new COVID-19 protocols for everyone’s protection and focused on their recoveries.



Looking back, God prepared Teen Challenge Canada well for the pandemic. Two new centres launched in 2019 and provided additional space to safely help adults escape addiction even while dealing with provincially mandated capacity reductions. In addition, our work over the last few years to centralize client intake and unify our treatment policies and procedures, prepared us to respond quickly to the crisis.

I remain deeply concerned about “the other pandemic” — increasing addictions and rising overdose deaths across the country. Early statistics reveal COVID-19 is contributing to a sharp increase in drug and alcohol abuse and suspected opioid overdose deaths (see pages 10-11).

Thank you to our faithful sponsors and donors. Without your committed financial support and continued prayers, we simply could not continue to provide our life-changing program throughout this critical time. Your ongoing partnership and support allow us to continue to make our program available to all those seeking addiction help, as we continue to be the hands and feet of Jesus.

Although the past year has been difficult, we maintain a positive outlook for 2021 knowing God is with us and our organization overall is healthy. I would also like to express my gratitude to Jacques Lapointe for his many years of leadership and service, and to Irene Pfeiffer as she assumes leadership of the Board – we are truly blessed to have such capable leaders.



Glen Smeltzer, CEO, Teen Challenge Canada



# A MESSAGE FROM JACQUES LAPOINTE

— TEEN CHALLENGE FORMER BOARD CHAIR —

**I joined the Teen Challenge Canada National Board 13 years ago and assumed the role of Board Chair a short time later.**

I believed in Teen Challenge's mission and values, so it was an easy decision for me to come alongside the organization at a critical point in its history. It was evident from the beginning that changes needed to occur if Teen Challenge Canada was to fulfill its heavenly mandate and prosper as an organization.

I always endeavoured to leave the ministry in better shape than I found it. Thanks to God's blessing on our efforts and a skilled board and staff team, I believe we are at that place. Working together, under the Lord's leading, Teen Challenge Canada has grown to be a more vital, capable, disciplined and confident organization, able to help hundreds of individuals each year find hope and freedom from addiction.

As a ministry, I am proud to say we hire and develop excellent leaders at all levels, which gives us the ability to deal with opportunities and challenges. Our CEO, Glen Smeltzer, is the epitome of a Christian servant leader. Glen has done an excellent job leading the organization in 2020, and I am sure he will continue to do so.

I am pleased to hand the reins of the Teen Challenge Canada Board to Irene Pfeiffer. Irene has been giving back to her community since she was a child. In 2008, she received the Order of Canada for her generous community service in the province of Alberta. She has served on the National Board faithfully for many years, and is highly-respected by her fellow directors. It was a natural step for Irene to become Board Chair in June 2020.

I am grateful for my time leading Teen Challenge Canada, serving alongside so many dedicated staff and volunteers. Irene, Glen and I have completed a smooth transition, and I am confident that Teen Challenge Canada is in good hands, well-positioned for future growth as the Lord leads.

## Jacques Lapointe

Former Board Chair, Teen Challenge Canada National Board



JACQUES LAPOINTE  
FORMER BOARD CHAIR

# A MESSAGE FROM IRENE PFEIFFER

— TEEN CHALLENGE BOARD CHAIR —

**Sadly, addiction touches almost everyone in Canada. I grew up in a family with challenges, and my father was an alcoholic. Yet, I also learned many good things in my home—including the importance of giving back to my community.**

Whenever I visit the Teen Challenge Alberta Men's Centre, in my home province, I see and understand the brokenness of our clients, BUT I also see their great potential. This is why I volunteer on the Teen Challenge Canada National Board of Directors, now as Chair, to make a difference for men and women trapped in addiction. Their stories of transformation and the impactful lives they live after the program are truly my thanks.

My predecessor as Chair, Jacques Lapointe, is an experienced business leader who has helped many organizations grow and realize their potential. When he joined the board, Teen Challenge Canada had one large centre, and some newly acquired locations. In the past decade, he built an effective board team and helped shape two successive strategic plans that guided the organization's development and growth. In this coming year, supported by a strong centralized office, Teen Challenge Canada will grow to nine treatment centres with the capacity to serve almost 200 people at a time.

I thank Jacques for his leadership and years of dedicated service to Teen Challenge Canada. Jacques helped us become a better-organized, more purposeful and professional organization, able to assist those experiencing serious addictions. With a strong Christian foundation, centralized intake, standardized treatment approach and accredited addiction counsellors, those in our care have a more consistent experience in all of our centres. Experienced management and consolidated services including HR, fundraising and communications support, make Teen Challenge an even better steward of donated resources.

As we advance into 2021, we are excited to see more men and women find freedom from addiction regardless of financial means or social status. By God's grace, our board and management team will continue to guide the Teen Challenge staff from across Canada, to fulfill Teen Challenge Canada's crucial mission.

## Irene Pfeiffer C.M.

Board Chair, Teen Challenge Canada National Board



IRENE PFEIFFER C.M.  
BOARD CHAIR

# KEY ACCOMPLISHMENTS IN 2020

- ✔ Launched a new digital Case Management System to better support client progress and program success, from client intake through graduation
- ✔ Completed construction of the 120-seat Banman Hall, a new food services and cafeteria complex at the Ontario Men's Centre
- ✔ Completed fundraising for the Alberta Men's Centre expansion
- ✔ Completed facility and exterior renovations of the new Eastern Ontario Men's Centre (Renfrew, ON)
- ✔ Successfully implemented numerous new safety regulations and procedures to keep centres open and clients in program during the COVID-19 pandemic
- ✔ Responded to COVID-19 in-person restrictions by implementing virtual golf/run/ride events and our 1st-ever virtual fundraising gala

"ACROSS THE COUNTRY, BY RESPONDING QUICKLY TO PUBLIC HEALTH MANDATES AND IMPLEMENTING ALTERNATIVE FUNDRAISING INITIATIVES, TEEN CHALLENGE WAS ABLE TO CONTINUE TO PROVIDE OUR LIFE-CHANGING PROGRAM TO THE MEN AND WOMEN IN OUR CARE."

— GLEN SMELTZER - CEO, TEEN CHALLENGE CANADA

# KEY GOALS FOR 2021



Launch new expanded 30-bed Alberta Men's Centre



Launch initial beds and raise operating support for the new Eastern Ontario Men's Centre (Renfrew, ON)



Add new capabilities to our Case Management System to better support client success in Phase4, Spiritual Formation and Aftercare programs



Roll out a new Human Resources information system to improve communications, training, and development of staff for our rapidly-growing organization across five provinces



Launch first-ever ministry-wide National Virtual Gala to replace our annual in-person gala events across Canada



Begin multi-million-dollar renovations and updates of the 100yr old Ontario Men's Centre rehabilitation facility



## TEEN CHALLENGE CANADA

# RESPONSE TO ADDICTION IN CANADA

### WE ARE TRANSFORMATIVE

We are a faith-based program. With God in our client's lives, hope, grace and forgiveness take root as they begin a lifelong journey of transformation.

### RECOVERY IS A PROCESS

Breaking patterns of addiction is messy, time consuming and hard.

### WE ARE INTENSIVE

Through our year-long in-residence program, clients explore the roots of their addiction through extensive therapeutic activities.

### WE ARE HOLISTIC

Through our program, clients grow healthy, spiritually, socially, emotionally and physically.

### WE ARE VOLUNTARY

To be successful, clients must own their recovery – they choose to enter our program and can choose to leave our program.

### WE ARE CHRISTIAN

Our caring staff are committed to Christ, those in addiction and to demonstrating God's love.

### WE ARE SKILLED

Trusting God for the ultimate outcome, our trained staff harness the best insights, practices and methods.

*"In light of the addiction epidemic that continues to increase, it is critical that there are effective treatment options for those seeking addiction help in Canada. We believe it is vital that Teen Challenge Canada continues to grow and improve our program to be able to meet this growing need."*

– Don Trepanier, - Chief Program Officer, Teen Challenge Canada

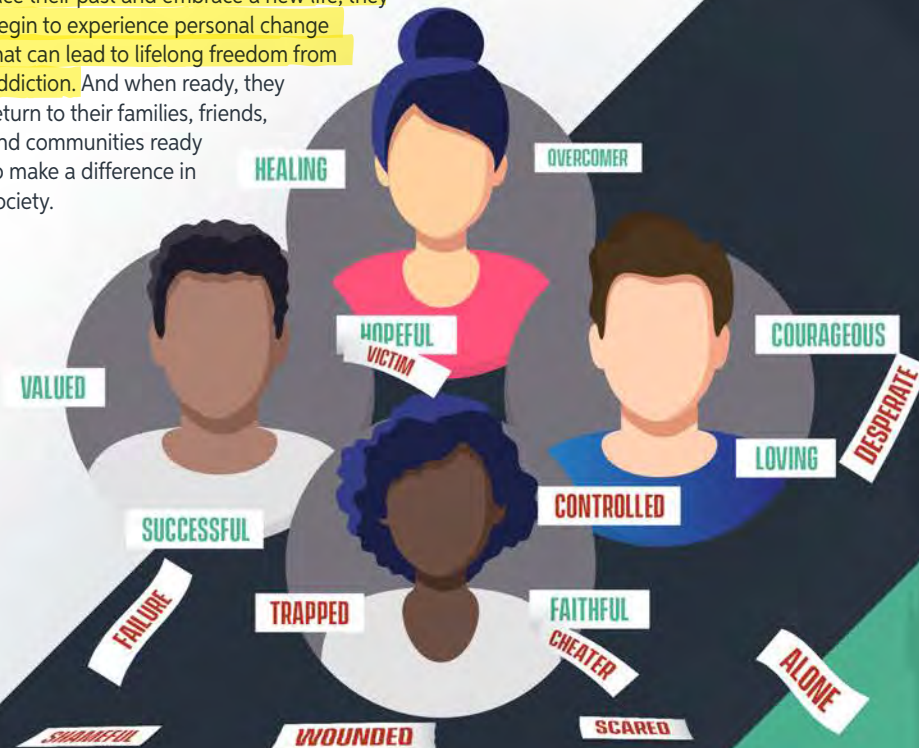
# THE FACE OF ADDICTION

Many of those facing addiction, who come to a Teen Challenge Canada centre are looking for help with personal addictions. They arrive at our doors feeling worthless and exhausted, wanting to end the cycle of substance abuse.

Many suffering in addiction describe 'needing' drugs and alcohol 'just to feel normal' and how drugs and alcohol slowly took over every aspect of their lives. Many of these men and women, describe how they broke promises, told lies, stole from loved ones and degraded themselves just to acquire their substance of choice. **But at Teen Challenge we know that these past life choices do not need to dictate the future of those entrenched in addiction.**

Slowly, as individuals in our program commit to their journey of recovery, they uncross their arms, unclench their fists, and begin to put down the defences they needed during life in addiction. During counselling sessions, they release hurts and acknowledge the harm they have caused to others. They respond to life-giving words and transforming prayers as they embrace God's truth about themselves. Through community with staff and others in recovery, they learn to care and be cared for again. Serving each other and volunteering in the community, reignites a desire to work and contribute.

**Day by day, choice by choice, as men and women in our care learn to face their past and embrace a new life, they begin to experience personal change that can lead to lifelong freedom from addiction. And when ready, they return to their families, friends, and communities ready to make a difference in society.**



# STATE OF ADDICTION IN CANADA

*With our nation focusing on the COVID-19 pandemic throughout 2020, the alcohol and drug epidemic across Canada continues to worsen. There is no doubt that the pandemic is having a negative impact on those struggling with addiction and those experiencing mental health concerns.*

To stay safe, Canadians had to reduce contact with family, friends, and colleagues. This loss of community has led to boredom, stress and an irregular schedule which has led to an increase in substance use and drug overdoses. Support and treatment services have been reduced, closed, or shifted to virtual. With fewer community support programs available, many people began to rely on drugs and alcohol and could not access services to help with their substance abuse. Throughout the COVID-19 pandemic, Teen Challenge Canada has continued to offer our life-changing treatment program to those seeking help and hope with their addiction. We are committed to keeping our doors open to be part of the long-term solution for Canadians and their families experiencing addictions.

## Sources

1. <https://www.ccsa.ca/sites/default/files/2020-04/CCSA-NANOS-Alcohol-Consumption-During-COVID-19-Report-2020-en.pdf>
2. <https://www150.statcan.gc.ca/n1/pub/45-28-0001/2020001/article/00008-eng.htm>
3. <https://www.publichealthontario.ca/-/media/documents/o/2020/opioid-mortality-COVID-surveillance-report.pdf?la=en>
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5. <https://ontario.cmha.ca/addiction-and-substance-use-and-addiction>
6. [https://www.ccsa.ca/sites/default/files/2020-06/CSUCH-Canadian-Substance-Use-Costs-Harms-Infographic-2020-en\\_0.pdf](https://www.ccsa.ca/sites/default/files/2020-06/CSUCH-Canadian-Substance-Use-Costs-Harms-Infographic-2020-en_0.pdf)

# THE STATE OF ADDICTION IN CANADA



**25% OF CANADIANS**

25% of Canadians aged 18-35 increased drinking due to pandemic boredom, stress, and lack of schedule/April 2020.<sup>(1)</sup>



**11.6% INCREASE ↑**

11.6% increase in cannabis use among Canadians aged 15-34/April 2020.<sup>(2)</sup>



**54% INCREASE ↑**

54% more opioid deaths April-June 2020 compared to the same quarter in 2019.<sup>(3)</sup>



**\$46 BILLION**

In 2017, substance use cost Canadians a total of \$46 Billion.<sup>(6)</sup>



**5.9 MILLION CANADIANS**

In 2018, nearly 5.9 million Canadians are considered heavy drinkers.

(Drinking four or more (females) or five or more (males) drinks, per occasion at least once a month.)<sup>(4)</sup>



**6 MILLION CANADIANS**

CMHA estimates that in Canada, nearly 6 million people will meet the criteria for addiction in their lifetime.<sup>(5)</sup>

**"THE COVID-19 PANDEMIC IS NOT THE ONLY PANDEMIC THAT IS AFFECTING CANADIANS. THE INCREASED ABUSE AND DEATHS CAUSED BY ADDICTION CONTINUES TO RISE ACROSS CANADA. IT IS MORE IMPORTANT NOW THAN EVER, FOR TEEN CHALLENGE TO BE AVAILABLE TO ALL THOSE WHO ARE SEEKING FREEDOM."**

**MARK WEBB**  
DIRECTOR OF PROGRAM, TEEN CHALLENGE CANADA



# PANDEMIC TIMELINE

## COVID-19 PANDEMIC ACROSS CANADA

### MARCH 2020

- ✔ WHO declares pandemic
- ✔ Canada restricts non-essential travel
- ✔ Alberta, New Brunswick, Ontario and Saskatchewan declare states of emergency
- ✔ Federal Government announces stimulus funding

Government introduces Canada  
Emergency Wage Subsidy (CEWS) grant

### APRIL 2020

### MAY 2020

- ✔ Masks suggested for all Canadians
- ✔ Ontario reopens

Canada reaches 100,000  
COVID-19 cases

### JUNE 2020

### JULY 2020

- ✔ People travel freely between provinces in the 'Atlantic Canada Bubble'
- ✔ COVID-19 cases surge in Western provinces

Second wave begins

### SEPTEMBER 2020

### OCTOBER 2020

- ✔ Quebec reaches more than 100,000 cases of COVID-19

Manitoba in lockdown  
Dissolution of Atlantic 'bubble'

### NOVEMBER 2020

### DECEMBER 2020

- ✔ Canada receives first vaccines
- ✔ Canada reaches 579,000 cases
- ✔ Alberta goes into lockdown with over 20,000 cases

## TEEN CHALLENGE CANADA RESPONSE

### MARCH 2020

- ✔ Implemented safety protocols & restrictions across all centres
- ✔ Outbreak at Ontario Men's Centre; Public Health ordered closed
- ✔ Suspended all admissions, visits, off-site client activities
- ✔ Shut thrift store & vehicle donation programs; cancelled church outreach activities and Spring Galas across Canada
- ✔ First client graduated under COVID-19 restrictions

Secured PPE supplies for all centres  
First wage subsidy received

### APRIL 2020

### MAY 2020

- ✔ Ontario Men's Centre reopens after 60 days, staff prepare for clients' return
- ✔ First client admitted under COVID-19 quarantine regulations developed with Public Health units – Saskatchewan
- ✔ Launched first virtual golf fundraiser - Alberta

Resumed some vehicle donation, thrift store operations,  
and selected church outreaches across Canada

### JUNE 2020

### SEPTEMBER 2020

- ✔ Mandated masks for all TCC staff to prep for second wave
- ✔ Cease to be eligible for wage subsidy grant

First virtual gala held, in support  
of Teen Challenge locations in  
Saskatchewan

### NOVEMBER 2020

### DECEMBER 2020

- ✔ Celebrated 68 graduations in 2020 (47 grads under COVID-19 restrictions)

## TEEN CHALLENGE CENTRES ACROSS CANADA

# GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



**MAP LEGEND**

- TEEN CHALLENGE CANADA
- ADULT & TEEN CHALLENGE SOCIETY OF BC
- ADULT & TEEN CHALLENGE OF CENTRAL CANADA
- TEEN CHALLENGE QUEBEC



**1 ALBERTA MEN'S CENTRE**  
PRIDDIS, AB



**4 ONTARIO MEN'S CENTRE**  
LONDON, ON



**7 EASTERN ONTARIO MEN'S CENTRE**  
RENFREW, ON  
CURRENTLY IN DEVELOPMENT



**2 SASKATCHEWAN MEN'S CENTRE**  
ALLAN, SK



**5 ONTARIO WOMEN'S CENTRE**  
AURORA, ON



**8 ATLANTIC MEN'S CENTRE**  
MEMRAMCOOK, NB



**3 PRAIRIE HOPE WOMEN'S CENTRE**  
HAGUE, SK



**6 NORTHERN ONTARIO MEN'S CENTRE**  
SAULT STE. MARIE, ON



**9 ATLANTIC HOPE WOMEN'S CENTRE**  
ST. JOHN'S, NL

**1 ABBOTSFORD WOMEN'S CENTRE**  
ABBOTSFORD, BC

**4 DÉFI-JEUNESSE QUÉBEC**  
LOTBINIÈRE, QC

**7 DENARE BEACH MEN'S CENTRE: FREEDOM OUTREACH**  
DENARE BEACH, SK

**2 CHILLIWACK MEN'S CENTRE**  
CHILLIWACK, BC

**5 BRANDON WOMEN'S CENTRE**  
BRANDON, MB

**8 THUNDER BAY WOMEN'S CENTRE: HOPE HOUSE**  
THUNDER BAY, ON

**3 OKANAGAN MEN'S CENTRE**  
LAKE COUNTRY, BC

**6 WINNIPEG MEN'S CENTRE**  
WINNIPEG, MB

**9 THUNDER BAY MEN'S CENTRE**  
THUNDER BAY, ON

### TEEN CHALLENGE 12-MONTH BEDS

<b>158</b> TEEN CHALLENGE CANADA	<b>43</b> ADULT & TEEN CHALLENGE SOCIETY OF BC
<b>14</b> TEEN CHALLENGE QUEBEC	<b>65</b> ADULT & TEEN CHALLENGE OF CENTRAL CANADA

### POST-GRADUATE BEDS

<b>38</b> TEEN CHALLENGE CANADA	<b>14</b> ADULT & TEEN CHALLENGE SOCIETY OF BC
<b>6</b> TEEN CHALLENGE QUEBEC	<b>31</b> ADULT & TEEN CHALLENGE OF CENTRAL CANADA

"With addiction and opioid deaths on the rise across Canada due to the COVID-19 pandemic, Teen Challenge Canada proudly stands with other rehabilitation services, nonprofit organizations and other Teen Challenge ministries to bring hope and freedom to men and women caught in addiction."

– Glen Smeltzer - CEO, Teen Challenge Canada

Teen Challenge organizations from across Canada are working together to be part of the solution to the addiction crisis. **Together, we provide 369 (core 12-month and post-graduate) beds** to serve men and women who want to find freedom from addiction.



# WITHOUT TEEN CHALLENGE ...

— QUOTES PROVIDED BY TEEN CHALLENGE CLIENTS AND GRADUATES

I WOULD STILL BE LIVING A LIFE OF ADDICTION.

I WOULD NOT BE ABLE TO FACE ANOTHER DAY.

I WOULD BE STUCK IN A VICIOUS CYCLE OF ADDICTION AND NEGATIVE BEHAVIOUR.

I DON'T KNOW WHERE I WOULD BE, MOST LIKELY DEEP IN DEPRESSION WITH NO HOPE.

I WOULD HAVE NO DIRECTION FOR MY LIFE.

IT WOULD HAVE BEEN VERY DIFFICULT TO FIND FREEDOM FROM ADDICTION.

I AM NOT SURE I WOULD BE ALIVE TODAY.

I WOULD HAVE CONTINUED TO LIVE A LIFE OF FEAR AND SHAME.

I WOULD STILL BE BROKEN.

I WOULDN'T HAVE SURVIVED. THE ENEMY WOULD HAVE WON THE FIGHT.

I WOULD BE TRAPPED IN MY ADDICTION AND WOULD BE WITHOUT HOPE.

I WOULD NOT HAVE LEARNED WHO I AM IN CHRIST.

I WOULD NOT HAVE LEARNED HOW LOVED AND CHERISHED I AM.

I WOULD NOT HAVE LEARNED TO LOVE MYSELF AND OTHERS.

## TEEN CHALLENGE CANADA CORE PROGRAM

### PHASE1 (MONTHS 1-4)

Men and women stabilize as they detoxify their minds, bodies and spirits. An accredited Addiction Counsellor helps clients create a treatment plan and work through emotions and personal trauma. During this phase, clients learn to adapt to structure, live and work with others and cope with their pain caused by addiction. Unfortunately, due to the challenging nature of this work, only about half of our clients choose to complete Phase1.

### PHASE2 (MONTHS 5-8)

Clients continue to learn about themselves and the Bible. They continue to create healthy routines, hone employment skills, volunteer in the community, and share their recovery stories at churches. During this phase, clients are eligible for involvement in our Sponsorship Program.

### PHASE3 (MONTHS 9-12)

During the final four months of our core program, clients create an exit strategy and a relapse prevention plan. They develop leadership skills, mature in their faith and where possible, improve family relationships.

## AFTERCARE PROGRAM (POST-GRADUATE)

### PHASE4 (MONTHS 12-24)

If a position is available, graduates can choose to stay at a Teen Challenge Centre for an additional 6-months to 1-year and work alongside staff and current core program clients, while continuing in a mentoring relationship with a counsellor and staff members.

### PHASE5 (MONTHS 24-36)

If a position is available, after a successful completion of a Phase4 Program, Phase5 graduates are hired in a staff position supporting a local Teen Challenge Canada Centre. They join a local church, attend Celebrate Recovery meetings and begin to give back to society.

# BECAUSE CANADIANS PARTNER WITH TEEN CHALLENGE

Teen Challenge Canada is a testament to the compassion and generosity of our donors. Their ongoing support through prayer, volunteer service and donations, enables us to help those who have lost hope in their fight against addiction. Together we are making a difference in the lives of men and women from across Canada, who want a fresh start and freedom from substance abuse!

Individuals in addiction enter a Teen Challenge centre full of fear, anger, and despair. Gradually as they walk their personal 'road to recovery', they begin to trust the staff, others in the program and God. As they release their pain, their hearts are opened, and they begin to see it is possible to live a life free from addiction. They begin to rebuild their bodies with healthy food and exercise, but most importantly, their hearts are filled with faith, joy and purpose, sometimes for the first time in their lives.

Our core program lasts 12-months and focuses on community engagement, spiritual formation, work therapy, addiction counselling and leadership development. Graduates can deepen their recovery during an additional 12-month Phase4 program. Then they can apply to work in a staff position while receiving ongoing support in a Phase5 position for a final 12 months; for a total of up to 36 months of addiction recovery treatment! All graduates receive aftercare mentoring online and by phone through connections with an Aftercare Coordinator and by local in-person support groups, where available.



Past graduates may apply to return for a six-month refresher if they feel they need additional support with maintaining their sobriety. Our program is delivered by locally trained front-line staff who are the hands and feet of Jesus, walking daily with those in our care on the 'road to recovery'.

For those who work, volunteer and support the ministry of Teen Challenge Canada, the return on investment is seeing lives transformed and recovered from addiction, but also seeing graduates return to their families and communities healthy in mind, body and spirit. Individuals who receive treatment return to their communities, able to give back by working, supporting their families, paying taxes, and volunteering, etc. **When the cycle of addiction is broken, families and communities are restored.**

**"OUR PROGRAM GOAL IS COMPLETE ABSTINENCE FROM SUBSTANCES FOR MEN AND WOMEN WHO ARE ADDICTED. WE BELIEVE IN INNER TRANSFORMATION ALONG WITH BEHAVIOUR MODIFICATION. A LONGER-TERM PROGRAM, LIKE OURS, FACILITATES PERSONAL CHANGE ROOTED IN THE HEART AND SPIRIT, THAT CAN LEAD TO LIFELONG FREEDOM FROM ADDICTION."**

**— GLEN SMELTZER, CEO, TEEN CHALLENGE CANADA**





## TEEN CHALLENGE GRADUATE STORY

# HOPE FOR A FUTURE

**“I can remember one night my dad drove to a building in the middle of nowhere. He told me he’d be right back.” As it got darker, Riccardo became more and more afraid. He waited for hours while his dad, John, got high.**

John was in and out of his son’s chaotic childhood. “It was usually my mom and me living in an apartment. We bounced around a lot.” Riccardo’s addiction began gradually. “It went from drinking wine at the dinner table with my family, to drinking at my Grade 6 graduation and getting caught.” Later, smoking weed on the weekend progressed to a daily habit. Looking for a better high, he tried magic mushrooms, acid, and cocaine with his friends. “That brought me to the lowest point of my addiction.”

With nothing left to live for, Riccardo wanted to end it all. That’s when a friend suggested Teen Challenge. Desperate for change, by the fall of 2008 Riccardo was willing to do a year-long, faith-based program. **“Teen Challenge gave me hope for a future...it gave me my life back.”**

**“I REMEMBER JUDGING MY FATHER GROWING UP THINKING I AM NEVER GOING TO BE LIKE THAT GUY, TO WISHING I COULD BE A QUARTER OF THE MAN HE HAS BECOME TODAY.”**

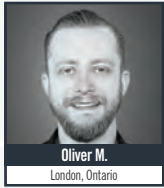
But the story doesn’t end there. After years of Riccardo praying that his father would get help, John entered Teen Challenge in 2013. “I remember judging my father growing up thinking I am never going to be like that guy, to wishing I could be a quarter of the man he has become today,” says Riccardo. The Teen Challenge program helped John become the leader of his family the way God intended.

Riccardo says, **“Teen Challenge gave us [my father and I] a gift we can never repay. They gave us our lives back. They gave us freedom from addiction. I am so proud and thankful!”**

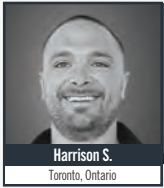
**“TEEN CHALLENGE GAVE US HOPE FOR A FUTURE...  
IT GAVE US OUR LIVES BACK.”**  
— RICCARDO BENIGNO, TEEN CHALLENGE GRADUATE

**WATCH RICCARDO'S STORY...**  
[www.changedlives.ca/riccardos-story](http://www.changedlives.ca/riccardos-story)

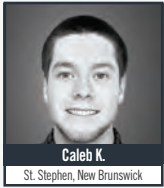




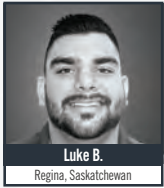
**Oliver M.**  
London, Ontario



**Harrison S.**  
Toronto, Ontario



**Caleb K.**  
St. Stephen, New Brunswick



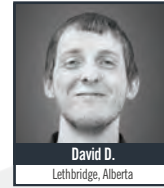
**Luke B.**  
Regina, Saskatchewan



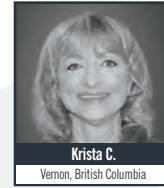
**Timothy V.**  
Saskatoon, Saskatchewan



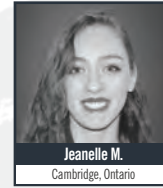
**Matthew K.**  
Edmonton, Alberta



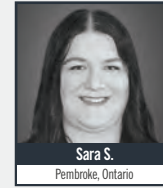
**David D.**  
Lethbridge, Alberta



**Krista C.**  
Vernon, British Columbia



**Jeanelle M.**  
Cambridge, Ontario



**Sara S.**  
Pembroke, Ontario



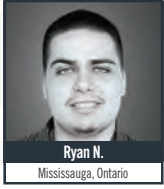
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Beaumont, Alberta



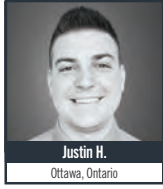
**Ian I.**  
Hong Kong



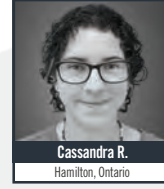
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St. Thomas, Ontario



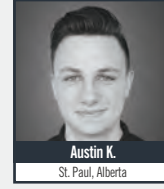
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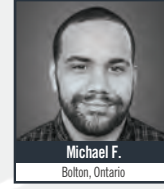
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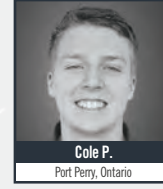
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Hamilton, Ontario



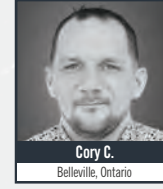
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St. Paul, Alberta



**Michael F.**  
Bolton, Ontario



**Cole P.**  
Port Perry, Ontario



**Cory C.**  
Belleville, Ontario



**Adam S.**  
Burnaby, British Columbia



**George Francis D.**  
Scotchtown, Nova Scotia



**Brad B.**  
Saskatoon, Saskatchewan



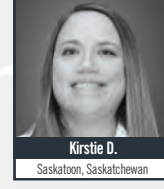
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Prince Albert, Saskatchewan



**Brandon A.**  
Saskatoon, Saskatchewan



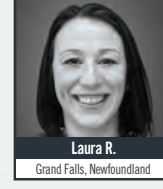
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Toronto, Ontario



**Kirstie D.**  
Saskatoon, Saskatchewan



**Luke M.**  
Maclin, Saskatchewan



**Laura R.**  
Grand Falls, Newfoundland



**Jason F.**  
Mississauga, Ontario



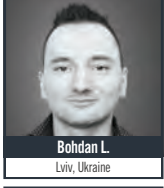
**Jordan N.**  
Edmonton, Alberta



**Lorraine C.**  
Temagami, Ontario



**Michelle S.**  
Scarborough, Ontario



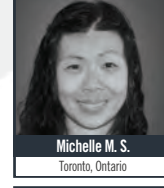
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Lviv, Ukraine



**Trevor G.**  
Windsor, Ontario



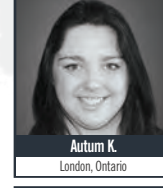
**Brandon S.**  
Stoney Plain, Alberta



**Michelle M. S.**  
Toronto, Ontario



**Kathryn-Lee O.**  
Winnipeg, Manitoba



**Autum K.**  
London, Ontario



**Jonathan G.**  
Halifax, Nova Scotia



**Jason E.**  
Saskatoon, Saskatchewan



**Stephanie P.**  
Yorkton, Saskatchewan



**Samuel W. M.**  
Scarborough, Ontario



**Jordan G.**  
Brampton, Ontario



**Jesse B.**  
Orillia, Ontario



**Richard S.**  
Toronto, Ontario



**Natalie R.**  
Fredericton, New Brunswick



**Andrea C.**  
Ottawa, Ontario



**Tim N.**  
Manning, Alberta



**Nathan C.**  
St. Catharines, Ontario



**Joel G.**  
Whitecourt, Alberta



**Brent D.**  
Meadow Lake, Saskatchewan



**Ryan H.**  
Saskatoon, Saskatchewan



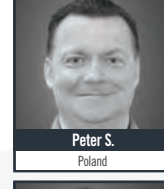
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Regina, Saskatchewan



**Paul E.**  
Edmonton, Alberta



**Bob G.**  
Edmonton, Alberta



**Peter S.**  
Poland



**Jeremy W.**  
Saskatoon, Saskatchewan



**Cody L.**  
Daysland, Alberta



**Sandra T.**  
Caledon, Ontario



**Jordyn L.**  
Bowmanville, Ontario



**Christopher L.**  
Calgary, Alberta



**Kelsey R.**  
Saskatoon, Saskatchewan



**Greg C.**  
Calgary, Alberta



**Vaughan M.**  
New Glasgow, Nova Scotia



**Jalen S.**  
Windsor, Ontario



**Chantal M.**  
Stratford, Ontario



**David Grant M.**  
Toronto, Ontario



# THE TEEN CHALLENGE DIFFERENCE

## OUR PERSONNEL ARE CHRISTIAN

Our compassionate staff are committed to Christ and to demonstrating God's love. They remain sensitive, yet firm, in this difficult calling to work with people in crisis.

## OUR STAFF ARE SKILLED

Trusting God for the ultimate outcome, our staff harness the best insights, practices and methods for therapy, counselling, skills training, and personal development.

## OUR APPROACH IS INTENSIVE

Clients live communally 24 hours a day and participate in extensive learning and therapeutic activities for an entire year.

## OUR PROGRAM IS VOLUNTARY

We do everything we can to help clients complete the program, but give them the freedom to leave.

## OUR PROGRAM IS HOLISTIC

We use a variety of program elements to help clients grow healthy spiritually, socially, mentally, and physically.

## RECOVERY IS A PROCESS OF SPIRITUAL AND PERSONAL GROWTH

Breaking patterns of addiction is messy, time consuming, and hard. To get free, clients need to unpack and allow God's light to shine on their darkest moments and deepest needs. They must also learn to trust others and form healthy relationships.

## FAITH TRANSFORMS

Clients do not need to be Christian to enroll in Teen Challenge. However, there is a radical impact when men and women acknowledge God's place in their lives and accept His offer of a clean slate. As hope, grace, and forgiveness take root, they are launched on a lifelong journey of transformation.

# 2020 PROGRAM STATS



## APPLICATIONS

558 Applications in 2020



## ASSESSMENTS

246 Total interviews in 2020



## ADMISSIONS

114 Admissions across eight centres in 2020



## GRADUATIONS

68 Graduations

## TEEN CHALLENGE CLIENTS IN PROGRAM

- ✓ 66 clients in program on average per week in 2020
- ✓ 39,700 person-hours of classroom instruction on character and other life-changing topics
- ✓ 66,200 person-hours of work therapy
- ✓ 2,040 total hours of addiction counselling provided
- ✓ In 2020, only 20% of applicants entered the program

## MENTAL HEALTH AMONG OUR 2020 CLIENTS

- ✓ 70% of clients had a clinically diagnosed mental health disorder such as anxiety, depression, schizoaffective, and/or eating disorder (bulimia, anorexia nervosa).
- ✓ 49% of those diagnosed had more than one mental health issue.

## THE DRUG OF CHOICE FOR CLIENTS IN 2020

- ✓ 37% - Alcohol
- ✓ 27% - Cocaine
- ✓ 21% - Amphetamine (incl. Crystal Meth)
- ✓ 9% - Opioids
- ✓ 6% - Cannabis

**"ALTHOUGH COVID-19 ADDED CHALLENGES TO HOW WE OPERATED OUR PROGRAM THROUGHOUT 2020, CLIENTS AND STAFF IMPLEMENTED AND FOLLOWED STRICT PUBLIC HEALTH DIRECTIVES IN ORDER TO KEEP OUR CENTRES OPEN SO THAT CURRENT CLIENTS COULD CONTINUE THE PHYSICAL, MENTAL AND EMOTIONAL GAINS MADE PRIOR TO THE PANDEMIC."**

**— MARK WEBB, DIRECTOR OF PROGRAM, TEEN CHALLENGE CANADA**

# CREATING A LASTING LEGACY FOR THE ONTARIO MEN'S CENTRE

When Teen Challenge supporters Peter and Liz Banman toured Teen Challenge Canada's largest centre, the Ontario Men's Centre in London, ON, Liz was surprised by the below-grade small kitchen, dark dining room and how these inadequate areas were used to prepare and serve the staff and clients.

"The men and the staff deserved something better," says Liz. Afterward, she mentioned the need to her husband Peter and their son Jim. The family owns Banman Developments in London, ON and knew they could help through their business connections and charitable family foundation.

A few years later, Peter talked with Teen Challenge leaders about developing a food services building as part of a larger planned renovation of the existing 100yr old facility. "To kick things off and get more people involved in the project, we hosted a small fundraising breakfast with friends," says Peter. The Banman Family Foundation's anchor donation made the Food Services Complex project possible. The Banmans also matched donations from other Teen Challenge donors who together helped raise the rest of the necessary funds needed to open the 6,400 ft<sup>2</sup> food services facility.

Now on ground level, this facility has sunlight pouring into the main dining hall from a bank of windows overlooking rolling hills. The purpose-built facility includes a well-designed kitchen with commercial grade equipment that makes life "exponentially better" for men supporting meal prep, serving, and cleaning as part of their work therapy. The cafeteria is large enough to hold chapel meetings with everyone in the program plus the staff. "This significant investment from the Banman family and Teen Challenge donors, sends a powerful message to the men in the program that they are valued and increases the sense of community," says Centre Director, Chuck Butler.

The Banmans are pleased that their vision for this space has become a reality. Liz, Peter, and Jim are happy that their gifts and support have provided a long-lasting facility that provides safety and comfort to all those who are seeking help and hope at the Teen Challenge Ontario Men's Centre.



BANMAN HALL  
FOOD SERVICES COMPLEX

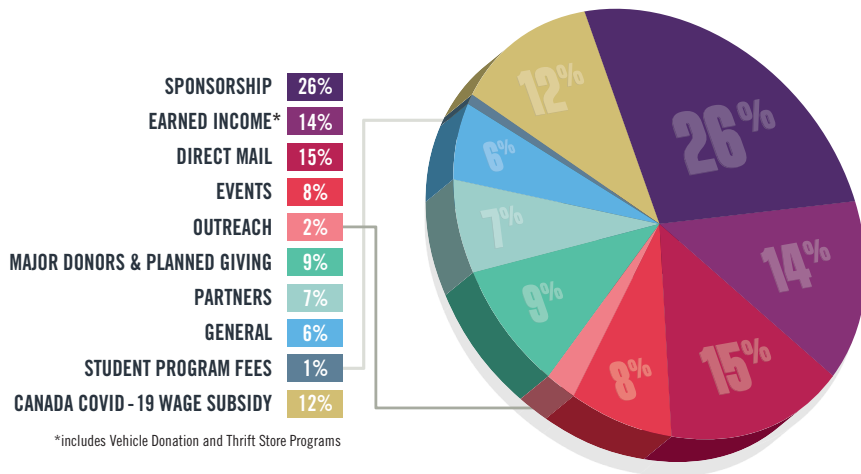


PETER & LIZ BANMAN

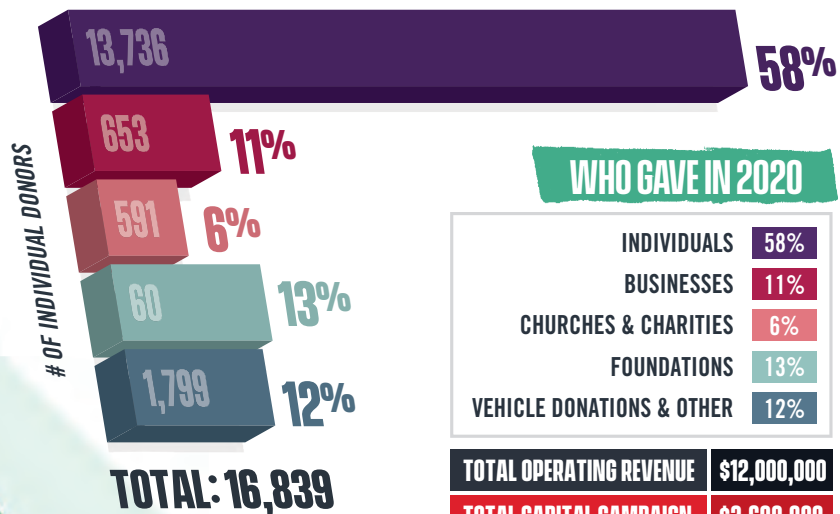
"THIS SIGNIFICANT INVESTMENT FROM THE BANMAN FAMILY AND TEEN CHALLENGE DONORS SENDS A POWERFUL MESSAGE TO THE MEN THAT THEY ARE VALUED AND INCREASES THE SENSE OF COMMUNITY."

**CHUCK BUTLER**  
DIRECTOR, ONTARIO MEN'S CENTRE

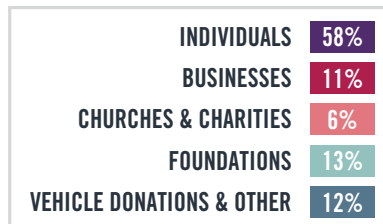
# DISTRIBUTION OF GIVING INCOME



THANK YOU TO THE **16,839 DONORS** WHO GAVE OVER \$15 MILLION TO HELP MEN AND WOMEN IN ADDICTION IN 2020!



## WHO GAVE IN 2020

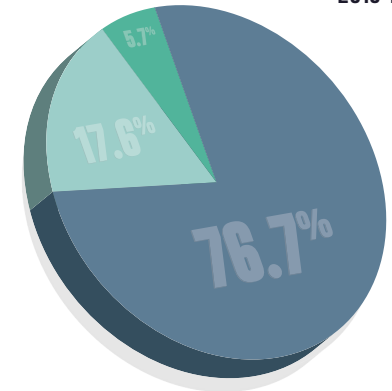


TOTAL OPERATING REVENUE	\$12,000,000
TOTAL CAPITAL CAMPAIGN	\$3,600,000
<b>TOTAL</b>	<b>\$15,600,000</b>

# 5-YEAR AVERAGE EXPENDITURE DISTRIBUTION

2015-2020

PROGRAM OPERATIONS	76.7%
FUNDRAISING	17.6%
ADMINISTRATION	5.7%



## ADDITIONAL POINTS

- In 2020, 173 Gift-In-Kind (GIK) donors gave a total of \$378,171
- Client fees (\$1000/pp) only fund 1% of the overall cost of the Teen Challenge program
- The average monthly cost per program bed is \$4,600

## IN 2020, COVID-19 RESULTED IN MANY NEW GOVERNMENT AND PUBLIC HEALTH RESTRICTIONS FOR OUR PROGRAM & FUNDRAISING ACTIVITIES.

Faced with the pandemic, Teen Challenge Canada's top priority was that clients in the middle of our 12-month rehabilitation program did not lose the gains they had achieved by leaving our Centres. Each program location has a dedicated staff team of individuals with unique roles and skills. Maintaining a quality program meant keeping these essential staff employed, even when many fundraising activities were curtailed by the restrictions. Fortunately for our clients, tremendous support from our donors, supplemented by the Government of Canada's Emergency Wage Subsidy (CEWS), allowed us to keep essential services running and our centre teams together. In the end, CEWS contributed \$1.4 million to our centre operations, almost completely offsetting fundraising shortfalls due to suspended church outreaches, in-person events, vehicle donation and thrift store activities.



## CHURCH CHAMPION PROFILE

# WENDY COLVIN & BONAVISTA CHURCH

CALGARY, AB

Since 2006, Bonavista Church in Calgary has supported the Teen Challenge Alberta Men's Centre as one of their local missions. The church has hosted Teen Challenge graduations and church outreach services.

As a way to "live out our faith through actions as well as words" says Wendy Colvin, "a weekly prayer group from Bonavista visits the Men's Centre one Tuesday per month." Prior to COVID-19, the prayer group had been visiting the Men's Centre for over 16 years. When they were able to visit, group members greeted the men with hugs then would sit in a circle to share requests and what they were grateful for. The men received prayer but also had a chance to care for the volunteers. "My husband has advanced Alzheimer's. It is a painful situation. Several men have been incredibly compassionate," says Wendy.

Wendy and the group pray faithfully for the men at the Centre. "Some of these men have had terrible battles to overcome. They struggle, fail and rise again," says Wendy. Bonavista prayer group members also attend graduations and fundraising events. "We have seen men restored to their families. Does it get any better than that?" Wendy adds, "I have been more enriched than they have."

The issue of addiction touches Wendy personally. "My son battled drug and alcohol addiction." She knows the importance of faith-based addiction treatment. "[At Teen Challenge] these men have a whole year to heal, grow, break free, and learn to walk with the Lord." Though she lives on a limited income, Wendy says, "Teen Challenge is an effective investment of my time and money."

Alberta Men's Centre Director, Greg Cornelsen is grateful for churches like Bonavista. "When volunteers from churches support our Centre, they demonstrate God's love in a tangible way. Through their visits they make our men feel valued." He adds, "Without their donations and volunteer service, we couldn't do what we do."



WENDY COLVIN



TEEN CHALLENGE GRADUATION  
AT BONAVISTA CHURCH  
(CALGARY, AB)



"WE HAVE SEEN MEN RESTORED TO THEIR FAMILIES. DOES IT GET ANY BETTER THAN THAT?"

WENDY COLVIN  
SUPPORTER & CHURCH CHAMPION



TEEN CHALLENGE CANADA  
**ALBERTA MEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, GREG CORNELSEN —

Even as COVID-19 restrictions were very difficult for the men in our care, many chose to have a positive attitude.



PRIDDIS, ALBERTA

**“THANK YOU TO ALL OF OUR DEDICATED FRONT-LINE CENTRE STAFF. IT IS BECAUSE OF YOUR DEMONSTRATED RESILIENCY AND FLEXIBILITY THIS YEAR, THAT WE HAVE BEEN ABLE TO CONTINUE TO HELP THOSE IN OUR CARE FIND FREEDOM FROM ADDICTION, DESPITE THE PANDEMIC.”**

**— DON TREPANIER  
CHIEF PROGRAM OFFICER  
TEEN CHALLENGE CANADA**

As more Public Health directives were added, I think back to early in the pandemic, when I had to make an announcement about more restrictions, one client stated, **“The people most at risk are those moving about freely, not taking precautions. I am happy to be in a safe place!”**

For many, our Centre is a physically and emotionally safe place, where men can begin to trust God as they get free from their addictions. Daily, our front-line staff help the men in our care explore God's love and plan for their lives. To make the most of our increased time together, when men could not leave the centre or have guests, we participated in additional group therapy sessions and enjoyed outdoor adventures. The men got creative with wood projects and spent extra time in the garden—which resulted in more fresh produce. Five men who graduated this year stayed on at the Centre in Phase4 positions for an additional year to deepen their recovery.



**GREG CORNELSEN  
CENTRE DIRECTOR**

**“I AM HAPPY TO BE IN A SAFE PLACE!” — FORMER CLIENT**

God also provided the funds needed to complete our new Centre expansion. When COVID-19 restrictions lift and construction is finished, we are excited to be able to accommodate 24 men in our core program and six graduates in our Phase4 aftercare program!

Thank you to our donors and supporters for being an important part of the team to help more men in addiction experience true freedom.

**TEEN CHALLENGE CANADA  
OUR CENTRES**



TEEN CHALLENGE CANADA  
**SASKATCHEWAN MEN'S CENTRE**

— A MESSAGE FROM CEO, GLEN SMELTZER —

According to Healthing.ca, the province of Saskatchewan recorded more drug toxicity deaths in the first eight months of 2020 than in all of 2018.



ALLAN, SASKATCHEWAN

The pandemic made it more difficult to provide addiction treatment and will likely increase addiction problems in the long-term. Clearly our services are more critical than ever.

To help meet this great need in the Prairie region, Teen Challenge Canada now has three centres able to serve up to 75 individuals at a time, helping them find freedom from addiction. The Saskatchewan Men's Centre, which opened in 2005, serves alongside the Prairie Hope Women's Centre in Hague, SK, and the newly expanded Alberta Men's Centre in Priddis, AB.

In 2020, 17 men receiving treatment at the Saskatchewan Men's Centre persevered through the COVID-19 restrictions and graduated this year! Very few left the program early—they felt safer here than in the community. Two graduates stayed on for a Phase4 program at the Centre. Another graduate started Bible College in January. Despite current challenges, these men truly have hope for the future.

**“THE PANDEMIC MADE IT MORE DIFFICULT TO PROVIDE ADDICTION TREATMENT... WE KNOW THAT OUR SERVICES ARE MORE CRITICAL THAN EVER.”**

The men at the Saskatchewan Men's Centre miss seeing the volunteers who regularly came to the Centre to visit with them, and with church outreach services on hold, some have yet to experience the joy of sharing their recovery stories and receiving encouragement and support from local church groups.

We are grateful for the generous donors and supporters who have continued to give to the Centre's critical work. Thank you and God Bless.

TEEN CHALLENGE CANADA  
**PRAIRIE HOPE WOMEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, ROBYN ARCAND —

Our first complete year of operations was full of new experiences. Three women graduated and two entered our Phase4/5 program.



HAGUE, SASKATCHEWAN

It was a steep learning curve as new staff adjusted during our first full year of program. A big 'thank you' to my team for their flexibility and creativity!

Needing to stay on our property due to COVID-19, women in the program spent their free time productively by gardening. They adjusted to connecting with their families by phone and video conference. It is not the same as in-person visits, but the women made the best of it. As well, they are learning to be family to each other. Women in the program experience a special bond because they are all on the recovery journey together.

We were excited to be part of Teen Challenge Canada's first Virtual Gala. This successful event, raised funds and awareness in support of both our Centre and the Saskatchewan Men's Centre. Thank you for making a difference in the lives of men and women experiencing addiction in the Prairie Region! We are grateful for our community of donors that helped to launch the Prairie Hope Centre and continue to support it.

**“THE WOMEN ARE LEARNING TO BE FAMILY TO EACH OTHER.”**

We look forward to COVID-19 restrictions being lifted, so we can fill our beds and help more women from the Prairie Region find freedom through the Teen Challenge program. Your investment of time, prayer and finances continues to yield healing in the lives of women in addiction across Saskatchewan, giving them health, hope and a new purpose in life. Thank you from the Prairie Hope Women's Centre family.



TEEN CHALLENGE CANADA  
**NORTHERN ONTARIO MEN'S CENTRE**

— A MESSAGE FROM CEO, GLEN SMELTZER —

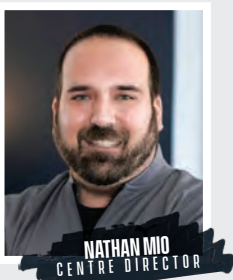
Looking back on 2020, it has been a very different year especially for our smaller, more remote centres.



SAULT STE. MARIE, ONTARIO

Our centre in Northern Ontario was especially affected by the pandemic, as it draws from a large number of distant communities. Men seeking addiction help already face a difficult decision to leave the people and things they know. During the pandemic, people everywhere were huddling close to home. With travel restrictions in place, men worried even more about leaving their loved ones and not being able to visit them.

This year we celebrated the retirement of long-time staff member and supporter, Bryon Hall. Bryon served in many capacities at the Northern Ontario Men's Centre as staff and volunteer and notably has served as Centre Director twice for a number of years. We want to thank Bryon for his many years of dedicated service to our staff and those that we serve.



NATHAN MIO  
CENTRE DIRECTOR

**"GOD IS THE CATALYST FOR REAL TRANSFORMATION."** — NATHAN MIO, CENTRE DIRECTOR

With Bryon's retirement, we are pleased to introduce our new Centre Director, Nathan Mio. Born and raised in Sault Ste. Marie, Nathan is happy to return to his hometown. Nathan says, "God is the catalyst for real transformation. During treatment, when a man's distorted thoughts are replaced by love, acceptance, forgiveness, and a sense of purpose, the lasting change will benefit generations to come."

We are thankful for our long term supporters and donors who have continued to sustain us through this difficult year, so that we can continue to provide our life-changing ministry to all those who are seeking freedom from addiction.

TEEN CHALLENGE CANADA  
**ONTARIO MEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, CHUCK BUTLER —

Life and health are truly precious gifts. In 2020, this truth was evident to us like never before as COVID-19 hit close to home.



LONDON, ONTARIO

In early March, as the World Health Organization declared a pandemic, there was a COVID-19 outbreak at the Teen Challenge Ontario Men's Centre. We were mandated by Public Health officials to close for two months while staff and clients fulfilled quarantines, sanitized thoroughly and implemented new safety protocols.

Once we were able to reopen the Centre, in keeping with public health guidelines, we reduced our capacity from 64 beds to 32. It is heartbreaking to see empty beds when the need for addiction treatment is so great! Men who enter the program under COVID-19 restrictions are even more courageous than usual. Upon arrival, they must quarantine for 14 days and understand that no one may leave unless there is a medical emergency; plus, no outside visitors for the foreseeable future.

Yet, God is with us in these circumstances. We see His hand at work as the men pray for and encourage each other in their recovery. Our staff keeps the men in our care engaged with extra time to participate in exercise and fun activities. This year also marked the year our new 'Banman Hall' food services facility was opened. This purpose-built facility allows those in our program and our staff, to all eat and fellowship together safely.



CHUCK BUTLER  
CENTRE DIRECTOR

**"MEN WHO ENTER THE PROGRAM UNDER COVID-19 RESTRICTIONS ARE EVEN MORE COURAGEOUS THAN USUAL."**

Thank you to our many donors and supporters for your ongoing letters and donations—we could not get through this without you!



TEEN CHALLENGE CANADA  
**ONTARIO WOMEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, MICHELLE GRUNDY —

The Teen Challenge program helps women stop abusing substances and gives them new life and a bright future.



AURORA, ONTARIO

One of our graduates stayed on at our Ontario Women's Centre in a Phase4 position. As part of this position, she received additional addictions counselling and developed her skills as she served alongside our staff. With the completion of her Phase4 position, we hired her as a Phase5 staff, in a part-time support worker (CSW) role. She lives in the community and continues to be mentored as she works with the women currently in our program. She inspires the women because she has been where they are. She is also thriving as a college student in an addictions and mental health program!



MICHELLE GRUNDY  
 CENTRE DIRECTOR

Women admitted to the program, since the pandemic lockdown, have been extremely grateful and committed. During the 2-week mandatory isolation, before joining others in the program, the time is seen as a time of rest and our Ontario Women's Centre is a sanctuary for women experiencing life-controlling addictions.

**"OUR ONTARIO WOMEN'S CENTRE IS A SANCTUARY FOR WOMEN EXPERIENCING LIFE-CONTROLLING ADDICTIONS."**

Our staff and those in our care, keep spirits high by focusing on what we can do, not what we cannot do. Lots of small prayer groups, fun and feast nights, hikes around our beautiful property, and time spent together has created an atmosphere of calm and gratitude.

Thank you to our donors for their continued thoughts, prayers and financial donations. We are truly grateful for your support!

TEEN CHALLENGE CANADA  
**EASTERN ONTARIO MEN'S CENTRE**

— A MESSAGE FROM CEO, GLEN SMELTZER —

Over the past few years our focus has been raising funds, in order to see the Eastern Ontario Men's Centre open.



RENFREW, ONTARIO

I am overjoyed to tell you that in 2020, we completed all remaining interior and exterior renovations on our lovely rural 200-acre property just outside of Ottawa! We are so grateful to the committed donors who helped to make this happen!

This year, the 'Ottawa Valley Men's Centre' became the 'Eastern Ontario Men's Centre'. With a mission to serve all of Eastern Ontario, this newest facility will help men with entrenched addictions, who are ready for deep change, find freedom. The centre will launch in 2021, joining two other Teen Challenge men's centres and a women's centre in Ontario to help us better-meet the addiction treatment needs of adults from across the province.

**"WE ARE READY TO HELP THOSE WITH ENTRENCHED ADDICTIONS, WHO ARE READY FOR DEEP CHANGE."**

We are now ready to begin the launch process. This includes recruiting and training a team of staff who will walk with men on their journey to freedom. We are hopeful that COVID-19 restrictions will ease shortly, since so much of this preparation involves face-to-face interactions with new staff and volunteers. We are grateful for the growing support in Eastern Ontario as operating a centre requires crucial donor support for ongoing costs – such as staff wages and training, providing daily care for our clients, centre promotion and client transportation.

We are grateful that supporters in Eastern Ontario continue to give and partner with us, as we look forward to welcoming our first clients to the Eastern Ontario Men's Centre in 2021, offering them hope and freedom from their addictions.

TEEN CHALLENGE CANADA  
**ATLANTIC MEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, MATTHEW BARBOUR —

By God's faithfulness, during an unprecedented year, we were overjoyed that seven men from our Centre graduated in 2020.



MEMRAMCOOK, NEW BRUNSWICK

They made it with help from staff and the other men in the program at our Centre. During my years of working at the Teen Challenge Atlantic Men's Centre, every single day I witness staff and men in our care, encouraging, uplifting and supporting each other in recovery. It is how we live together in all circumstances—not just in a crisis. This "culture of care" teaches men loving ways to build relationships and overcome adversity. They are preparing to bless their families and communities when they return.

I had mixed feelings about limiting our admissions during the pandemic. I understood why it was necessary, but I just kept thinking of the men in Atlantic Canada, suffering in their addictions without support. Thankfully we added an additional 10 beds to our Centre in 2019. With a total of 24 beds, we can still accommodate 12 men while following Public Health directives of physical distancing in our facility.



MATTHEW BARBOUR  
 CENTRE DIRECTOR

**"THANK YOU TO OUR LOCAL SUPPORTERS IN ATLANTIC CANADA, WE KNOW WE ARE NOT FORGOTTEN."**

The men miss attending church outreaches and doing work therapy while volunteering in the community. They also miss their families and volunteers visiting the Centre, but thanks to our local supporters in Atlantic Canada, we know we are not forgotten. We appreciate your cards, letters, phone calls, food and other financial gifts. We feel blessed and remembered as we daily continue to serve and walk the 'road of recovery' with those who come to our doors seeking lasting freedom from addiction.

TEEN CHALLENGE CANADA  
**ATLANTIC HOPE WOMEN'S CENTRE**

— A MESSAGE FROM CENTRE DIRECTOR, ELIZABETH PEARCEY —

This year, our first full year of operation, was marked by seeing four women graduate from the Atlantic Hope Women's Centre!



ST. JOHN'S, NEWFOUNDLAND

What a joy it is to watch women in our care, gain strength and inner peace as they experience God's love. Our staff guide women daily on their journeys of recovery, as their battered souls and broken relationships are restored.

Thankfully, we can continue to welcome women experiencing addiction into our program while following government protocols. We are pleased to offer faith-based addiction treatment for women from across the Atlantic Canada region. Some women in desperate situations, don't have the luxury to wait for the end of the pandemic to get help.

Thank you to our volunteers, churches and donors who faithfully support our Centre! Prior to COVID-19, when we could visit in-person at the Centre, volunteers cooked, baked, fellowshiped, and worshiped with the women. Weekly, pastors shared God's word in-person but with COVID-19 restrictions in place, this is now done over Zoom.



ELIZABETH PEARCEY  
 CENTRE DIRECTOR

**"WOMEN IN DESPERATE SITUATIONS DON'T HAVE THE LUXURY TO WAIT FOR THE END OF THE PANDEMIC TO GET HELP."**

We remain grateful for the hard work, prayers, and sacrificial giving of so many who make it possible to continue to operate the Atlantic Hope Women's Centre. It's remarkable to witness the fruit of these generous gifts in the lives of our women. Their transformation is the legacy of the Centre, as we see more local women, families and communities restored.



# SPONSORSHIP MATTERS

Teen Challenge Sponsors are a team of financial partners who faithfully give reoccurring monthly or annual gifts to help fund Teen Challenge's life-changing ministry. These reliable gifts provide financial stability to Teen Challenge as we aim to help all those who come to us seeking freedom from addiction. It takes a dedicated team to successfully fund eight Centres across Canada.

Clients pay a nominal fee when they enter the program – a fee that does not come close to covering the cost of 12-36 months of in-residence addiction treatment. Sponsorship is a vital source of funds that keeps the program accessible for all in addiction, regardless of financial means. Generous sponsorship gifts help fund the many unique aspects of the program for all those in our care; including Spiritual Formation, Addiction Counselling, Work Therapy, Communal Living and Community Involvement. Although Sponsorship funds are important, the heart of the Sponsorship Program is the emotional and spiritual support that Sponsors provide to our clients. Addiction recovery is incredibly difficult work. Men and women must face deep wounds, begin to repair relationships and realign their lives with their families and communities. Prayers and encouragement from sponsors can carry an individual in our program from defeat to victory.

**“FAITHFUL DONORS AND SPONSORS ALLOWED US TO CONTINUE OPERATING ESPECIALLY IN THESE DIFFICULT TIMES. WE COULD NOT HAVE DONE IT WITHOUT THEM!”**

In 2020, Sponsors were even more crucial. “It is no exaggeration to say we would not have survived this crisis without our faithful supporters,” says Teen Challenge Canada CEO, Glen Smeltzer. In the first few months of the pandemic, when we had to cancel banquets, fundraising runs and rides, and golf-tournaments, our revenue dropped by more than 50%. This could have been catastrophic for our ministry. “When people are doing the hard work of recovery, you cannot just close the doors and tell them ‘We will see you in six months,’” says Glen. “Faithful donors and sponsors allowed us to continue operating throughout these difficult times. We could not have done it without them!”

Thank you to all our Sponsors as they uplift and support our life-transforming ministry. For more information about becoming a Sponsor, visit our website at

[www.teenchallenge.ca/sponsorship](http://www.teenchallenge.ca/sponsorship)



**ONGOING GENEROUS SUPPORT HELPS FUND THE MANY UNIQUE ASPECTS OF OUR PROGRAM.**







**"THE PROGRAM HELPED ME IN EVERY ASPECT OF MY DAILY LIFE."**  
— LAURA SHERIDAN, TEEN CHALLENGE GRADUATE

**TEEN CHALLENGE GRADUATE STORY**

# I HAD LOST EVERYONE & EVERYTHING I LOVED

Before going to Teen Challenge, Laura abused alcohol. "I was hungover all day at work with the shakes, until I could get to the LCBO and get my bottle." She hid her vodka in water bottles and drank all evening until she passed out.

After several years, her husband realized how serious her addiction was and left her. "I decided to kill myself when my husband left me. I had lost everyone and everything I loved." A friend texted Laura that day, inviting her to attend the Christmas pageant at her church. "I don't remember much of the play... I bawled, and the peace of Jesus filled my heart. I decided to live my life differently."

Laura's friend helped her apply to Teen Challenge. "The [Teen Challenge] program helped me in every aspect of my daily life," says Laura.

## "THE [TEEN CHALLENGE] PROGRAM HELPED ME IN EVERY ASPECT OF MY DAILY LIFE."

She learned routines and habits that helped reset her life. "My mind was a mess. I didn't know you could choose what you think about. I discovered that I don't have to be depressed and anxious." After graduating from Teen Challenge in 2013, Laura reunited with her husband and now they have two children.

Today, Laura is doing well, though she admits it is hard work to stay sober. Laura's pastor mentors her as she continues to embrace God's love and make positive choices. "God is bringing all the right people into my life and directing my path. I feel like I'm doing what I was made to do."

**WATCH LAURA'S STORY...**  
[www.changedlives.ca/lauras-story](http://www.changedlives.ca/lauras-story)





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**TEEN CHALLENGE CANADA CENTRE INFORMATION**

WESTERN CANADA

**Teen Challenge Alberta Men's Centre** – PO Box 24010 RPO Evergreen, Calgary, AB T2Y 0J9  
 PHONE: 403.931.3501 TOLL FREE: 1.800.856.8902 DIRECTOR: Greg Cornelsen

**Teen Challenge Saskatchewan Men's Centre** – PO Box 21111, Saskatoon, SK S7H 5N9  
 PHONE: 306.257.3325 TOLL FREE: 1.877.396.9152 CONTACT: Don Trepanier

**Teen Challenge Prairie Hope Women's Centre** – PO Box 21111, Saskatoon, SK S7H 5N9  
 PHONE: 306.225.2213 TOLL FREE: 1.866.663.7060 DIRECTOR: Robyn Arcand

ONTARIO

**Teen Challenge Ontario Men's Centre** – Lambeth Box 777, London, ON N6P 1R6  
 PHONE: 519.652.0777 TOLL FREE: 1.888.417.7777 DIRECTOR: Chuck Butler

**Teen Challenge Ontario Women's Centre** – PO Box 100, Stn Main, Aurora, ON L4G 3H1  
 PHONE: 905.727.3913 TOLL FREE: 1.877.979.7770 DIRECTOR: Michelle Grundy

**Teen Challenge Northern Ontario Men's Centre** – PO Box 20012 RPO East End, Sault Ste. Marie, ON P6A 6W3  
 PHONE: 705.942.7771 TOLL FREE: 1.800.480.3153 DIRECTOR: Nathan Mio

**Teen Challenge Eastern Ontario Men's Centre** **IN DEVELOPMENT**  
 PO Box 61 Stn Main, Renfrew, ON K7V 4A2 TOLL FREE: 1.877.568.8282 CONTACT: Stephen Prendergast

EASTERN CANADA

**Teen Challenge Atlantic Men's Centre** – PO Box 911, Moncton, NB E1C 8N8  
 PHONE: 506.758.2377 TOLL FREE: 1.800.965.7170 DIRECTOR: Matthew Barbour

**Teen Challenge Atlantic Hope Women's Centre** – PO Box 8713 Stn 'A', St John's, NL A1B 3T1  
 PHONE: 709.781.7118 TOLL FREE: 1.866.968.9450 DIRECTOR: Elizabeth Pearcey

**OTHER TEEN CHALLENGE CENTRES  
 ACROSS CANADA**

**ADULT & TEEN CHALLENGE SOCIETY OF BC**



**Abbotsford Women's Centre**  
 15 Winsor Road  
 Abbotsford, BC V2S 8E8  
 DIRECTOR: Wendy Townsend  
 wtownsend@teenchallengebc.com



**Chilliwack Men's Centre**  
 4166 Eckert Street  
 Chilliwack, BC V2R 5J6  
 DIRECTOR: Janalyn Oige  
 joige@teenchallengebc.com



**Okanagan Men's Centre**  
 4550 Glenmore Road North  
 Lake Country, BC V4V 1L7  
 DIRECTOR: Janalyn Oige  
 joige@teenchallengebc.com

IF YOU OR SOMEONE YOU KNOW  
 NEEDS HELP, PLEASE CALL ...

**Abbotsford Women's Centre**  
 604.575.3930 ext. 303

**Chilliwack Men's Centre**  
 604.575.3930 ext. 204

**Okanagan Men's Centre**  
 604.575.3930 ext. 404

**ADULT & TEEN CHALLENGE CENTRAL CANADA**



**Brandon Women's Centre**  
 Site 325, Box 24, RR 3  
 Brandon, MB R7A 5Y3  
 DIRECTOR: Kim Lowes  
 info@teenchallenge.tc



**Winnipeg Men's Centre**  
 414 Edmonton Street  
 Winnipeg, MB R3B 2M2  
 DIRECTOR: Anthony Ho  
 info@teenchallenge.tc



**Thunder Bay Men's Centre**  
 401 Syndicate Ave S.  
 Thunder Bay, ON P7B 6T8  
 DIRECTOR: Terrence McKenzie  
 info@teenchallenge.tc



**Thunder Bay Women's Centre: Hope House**  
 107 Johnson Avenue  
 Thunder Bay, ON P7B 2V9  
 DIRECTOR: Jennifer Ahuja  
 thunderbay@teenchallenge.tc



**Denare Beach Men's Centre: Freedom Outreach**  
 PO Box 271  
 Denare Beach, SK S0P 0B0  
 DIRECTOR: Allen Lagore  
 freedom.outreach@sasktel.net

IF YOU OR SOMEONE YOU KNOW  
 NEEDS HELP, PLEASE CALL ...

**Brandon, MB Area**  
 204.949.9484

**Winnipeg, MB Area**  
 204.949.9484

**Thunder Bay, ON Area**  
 807.345.2277

**Denare Beach, SK Area**  
 306.362.2117

**TEEN CHALLENGE QUÉBEC**



**Défi-Jeunesse Québec**  
 878 rang Saint-Francois, Lotbinière, Québec G0S 1S0  
 DIRECTOR: Ron Lussier, info@defijeunesse.org

SI VOUS OU QUELQU'UN QUE VOUS CONNAISSEZ AVEZ BESOIN D'AIDE, VEUILLEZ APPELER ...

Province de Québec - 1.888.796.2137

# 2020 TEEN CHALLENGE CANADA ANNUAL REPORT



**“HELPING MEN AND WOMEN OVERCOME  
SUBSTANCE ADDICTIONS TO LEAD FULL AND  
PRODUCTIVE LIVES.”**

**EVERY DAY**

  
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Lambeth Box 777  
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1 (888) 417-7777 [www.teenchallenge.ca](http://www.teenchallenge.ca)



\*Donations are subject to Teen Challenge Canada Inc. restricted gifts policy. Visit our website for more information.