

TEEN CHALLENGE CANADA

IMPACT REPORT



2023

ANNUAL UPDATE



Celebrating
50 YEARS
TEEN CHALLENGE CANADA
— 1973-2023 —

WWW.TEENCHALLENGE.CA

WE EXIST TO SUPPORT THOSE STRUGGLING WITH SUBSTANCE ADDICTION

SELECTED CONTENT

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A MESSAGE FROM THE CEO

In the face of Canada’s escalating substance abuse crisis, we tragically lost nearly 4,000 lives to opioid toxicity in the first half of 2023¹ – the mission of Teen Challenge Canada has never been more vital!

As CEO, I have witnessed the devastating impact of addiction on individuals and families, against the backdrop of an increasingly toxic drug landscape. Each statistic signifies not just a life lost, but a grieving family and a story of struggle.

Our heart at Teen Challenge Canada is with those ensnared by addiction. We believe in a professional, faith-based approach to recovery, crucial for addressing addiction’s complexity, where mental health, trauma, and social factors interconnect. Our 12-month, faith-based, in-residence program aims to transform lives by guiding individuals toward freedom from addiction, ongoing sobriety, and a meaningful life.



Glen Smeltzer

Celebrating Teen Challenge Canada’s 50th year, we honour the profound impact the Lord has made in the lives of many who have suffered in addiction, at our centres across Canada. In my 18 years with the ministry, I have seen a dramatic evolution in this organization and witnessed God’s direction in every step.

To date, we have expanded to nine centres, with 218 donor-funded recovery beds across five provinces. Our resolve is stronger than ever, as we remain committed to those on their personal road to recovery.

Together, with our funding partners, we stand as a beacon of hope and freedom, tirelessly working to provide our life-changing program to those experiencing addiction, and seeing lives and families restored, in Jesus’ name. This mission is made possible by the unwavering dedication of our staff, and supporters across Canada.

Thank you to all those who support and partner with us!

Glen Smeltzer
CEO, Teen Challenge Canada



Scan for a special message from our CEO

1. Source: <https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>

STRENGTHENING CANADIAN COMMUNITIES ONE LIFE AT A TIME



"It is so rewarding to witness lives literally being transformed at our centres across Canada. I rejoice when men and women emerge from our program thriving, full of focus, and anticipation for their future."

National Board Chair, Irene Pfeiffer

FROM THE **BOARD CHAIR**

As we mark the significant milestone of 50 years, Teen Challenge Canada remains committed to demonstrating God's love by supporting those battling substance addiction.

With 1 in 5 Canadians experiencing substance addiction in their lifetime¹ and opioid deaths by the thousands in 2023², the urgency for compassionate, effective, addiction treatment has never been greater.

While the complex challenges of addiction continue to evolve, Teen Challenge Canada's approach to recovery remains deeply rooted in Christian principles and focused on equipping individuals with the tools for a meaningful life. We maintain our dedication to offering best-in-class, faith-based, addiction treatment to meet the ever-changing needs of those we serve.



Irene Pfeiffer, C.M.

I am honoured to serve alongside my fellow Board Members, Glen Smeltzer, CEO and our exceptional Senior Leadership Team. While remaining committed to our core values and Christian beliefs, our collective efforts are focused on expanding our reach across Canada, enhancing our effective programs, and becoming a recognized leader in addiction recovery.

I am extremely proud of the front-line staff at our centres across Canada—they are the heart and soul of our daily operations. Their dedication to walking alongside men and women in recovery is nothing short of inspirational. Particularly noteworthy, is the nearly 25% of our staff who are graduates of the Teen Challenge program. Their restored lives are living testimonies to the effectiveness of our ministry and the hope that we offer.

In these challenging times, Teen Challenge Canada's 12-month, faith-based program is more than a treatment model; it is a journey towards freedom and restoration. As we celebrate our 50th anniversary, we are grateful to our many supporters and recommit ourselves to this life-changing work, inspired by the countless lives touched and transformed through our ministry. On behalf of the Teen Challenge Canada Board of Directors, thank you!

Irene E. Pfeiffer

Irene Pfeiffer, C.M.
National Board Chair

¹ Source: <https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>

² Source: <https://www.addictionhelp.com/addiction/canadian-statistics/>

50 years OF GROWTH

TEEN CHALLENGE CANADA

From humble beginnings in Hamilton, ON – 1973 - 1990



Atlantic Men's Centre, Memramcook, NB – 2006 - Present



Atlantic Hope Women's Centre, St. John's, NL – 2019 - Present



Ontario Women's Centre, Aurora, ON – 2008 - Present



Prairie Hope Women's Centre, Hague, SK – 2019 - Present



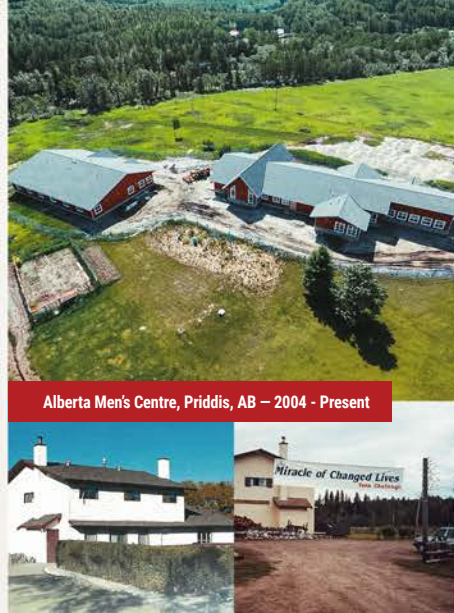
Saskatchewan Men's Centre, Allan, SK – 2005 - Present



Eastern Ontario Men's Centre, Renfrew, ON – 2021 - Present



Alberta Men's Centre, Priddis, AB – 2004 - Present



Ontario Men's Centre, London, ON – 1990 - Present



In 2023, Teen Challenge Canada celebrated 50 years of serving men and women experiencing personal substance addiction. As we reflect on our history, we are reminded of our long-standing commitment to providing a program that honours the unique pathway individuals experience on their journey to sobriety.

From our humble beginnings in Hamilton, ON in the 1970's, our ministry has continued to evolve but maintains the steadfast belief that it is a relationship with Jesus, that makes true freedom from addiction possible.

Now with nine centres across five provinces (pg. 12-13), including our Northern Ontario Men's Centre, relocating from Sault Ste. Marie to Sudbury, ON (pg. 38-39), we are honoured to extend our service to Canadians suffering in substance abuse.



STATE OF ADDICTION IN CANADA

In the ever-evolving landscape of addiction in Canada, the presence of Fentanyl continues to loom large¹. With its lethal potency undiminished, the drug crisis demands relentless efforts and innovative strategies².

Teen Challenge Canada is at the forefront of this battle, and remains steadfast in its commitment to transform lives and help heal families torn apart by addiction.

In the last five years, Teen Challenge Canada has opened three new centres, two women's centres (Hague, SK and St. John's, NL) and one men's centre (Renfrew, ON), to respond to the urgent need for accessible rehabilitation services, and long-term recovery beds.

To further our ability to support men and women overcoming substance addiction, Teen Challenge Canada recently opened a community Addiction Recovery Office in Sudbury, ON (pg. 38 & 39). These expansions are more than just physical spaces; they are beacons of hope and freedom, offering comprehensive, faith-based recovery programs to desperate individuals and families.

Glen Smeltzer, CEO of Teen Challenge Canada, says, *"Every individual we help is a victory against addiction—by restoring lives, and mending families. Our heart is not just about treating addiction, but in rebuilding lives, renewing faith, and restoring hope to those who have lost it."*

As we stand with other non-profits, ministries, and government agencies, our collective efforts are pivotal in addressing the complexities of the addiction crisis. Teen Challenge Canada invites you to join this crucial fight. Your support, whether through volunteering, donations, or advocacy, is invaluable. **Together, we can continue to make a significant impact on individuals and families grappling with devastating substance addiction.**

1. Source: www.canada.ca/en/health-canada/services/opioids/data-surveillance-research

2. Source: www.canada.ca/en/health-canada/services/publications/healthy-living/evolution-fentanyl-canada-11-years

NATIONAL STATISTICS



There are more than 500 hospitalizations per day across Canada because of drug overdoses.

Source: www.cbc.ca/news/canada/british-columbia/opioid-injuries-drug-poisoning-crisis-bc-hugh-lampkin-1.7000860



Substance use costs Canadians more than \$49 billion per year; that's over \$1,225 per Canadian.

Source: www.csuch.ca/documents/reports/english/Canadian-Substance-Use-Costs-and-Harms-Report-2023-en.pdf



81% of all accidental apparent opioid toxicity deaths in 2022 involved fentanyl.

Source: www.health-infobase.canada.ca/substance-related-harms/opioids-stimulants



Every day, around 10 Canadians die in hospital from conditions caused entirely by alcohol abuse.

Source: www.yourhealthsystem.cihi.ca/hsp/inbrief#!/indicators/061/hospitalizations-entirely-caused-by-alcohol/



An estimated 1.2 million Canadians will use illegal drugs this year.

Source: www.magazine.utoronto.ca/research-ideas/health/new-paths-to-recovery-addiction/



In the first 90 days of 2023, there were over 9,200 EMS responses to suspected opioid overdoses across Canada.

<https://health-infobase.canada.ca/substance-related-harms/opioids-stimulants/>



OUR RESOLVE

In the face of relentless addiction, Teen Challenge Canada stands strong as a beacon of hope and freedom guided by an unwavering mission: to demonstrate God's love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives.

This resolve is the cornerstone of our ministry, setting us apart in our approach to addiction recovery in Canada. Our commitment is rooted in the understanding that addiction is destroying individuals and families at an unfathomable rate, does not pause, and therefore neither can we.

At the heart of our approach, is the demonstration of God's transformative love. It is this love that empowers our clients to break free from the chains of addiction and reclaim their lives.

As we walk daily with the men and women in our care, they learn to face their pasts and embrace a new life. They begin to experience personal change that can lead to lifelong freedom from addiction—this is why Teen Challenge exists! We were built on the beliefs that once an addict is not always an addict, that those experiencing addiction are valued, and while rehabilitation may begin with being sober, life in freedom and recovery is so much more than that.

At the heart of our approach, is the demonstration of God's transformative love. It is this love that empowers our clients to break free from the chains of addiction and reclaim their lives. The journey of recovery at a Teen Challenge Canada centre is marked by compassionate addiction counselling, a supportive community, addiction education, and the development of practical life skills—all underpinned by our faith-based approach.

The impact of our work is most vividly seen in our graduates, see **pg. 22-23**. They are living legacies, embodying the miraculous power of faith and determination to overcome their personal addiction.

Each graduate is a testament to the possibility of change, that results in hope and healing, being brought back to families and communities. Their stories are a powerful reminder that with the right support coupled with God's grace, transformation is within reach.

[Our graduates] are living legacies, embodying the miraculous power of faith and determination to overcome their personal addiction.

Our vision for the future is clear and resolute. As our ministry continues to grow, so too does our capacity to touch more lives, restore more families, and build stronger communities. This is the essence of Teen Challenge Canada's resolve: *to be a relentless force of love and hope in the fight against addiction, one life at a time.*

For powerful Teen Challenge Canada graduate stories of lives transformed and families restored from substance addiction, visit us online ...

www.changedlives.ca



TEEN CHALLENGE ORGANIZATIONS ACROSS CANADA

GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



1
ALBERTA MEN'S CENTRE
 PRIDDIS, AB

2
SASKATCHEWAN MEN'S CENTRE
 ALLAN, SK

3
PRAIRIE HOPE WOMEN'S CENTRE
 HAGUE, SK

4
ONTARIO MEN'S CENTRE
 LONDON, ON

5
ONTARIO WOMEN'S CENTRE
 AURORA, ON

RELOCATING TO SUDBURY, ON
6
NORTHERN ONTARIO MEN'S CENTRE
 SAULT STE. MARIE, ON

7
EASTERN ONTARIO MEN'S CENTRE
 RENFREW, ON

8
ATLANTIC MEN'S CENTRE
 MEMRAMCOOK, NB

9
ATLANTIC HOPE WOMEN'S CENTRE
 ST. JOHN'S, NL

ORGANIZATION CONTACT INFORMATION ...
 For detailed contact information for each Teen Challenge organization, please see [pg. 46-47](#).

- TEEN CHALLENGE CANADA INC.** | www.teenchallenge.ca
- ADULT & TEEN CHALLENGE BRITISH COLUMBIA** | www.teenchallengebc.com
- ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC.** | www.teenchallenge.tc
- TEEN CHALLENGE QUÉBEC** | www.defijeunesse.org

TEEN CHALLENGE 12-MONTH BEDS

176 TEEN CHALLENGE CANADA	43 ADULT & TEEN CHALLENGE BRITISH COLUMBIA
14 TEEN CHALLENGE QUÉBEC	102 ADULT & TEEN CHALLENGE OF CENTRAL CANADA

POST-GRADUATE BEDS

42 TEEN CHALLENGE CANADA	14 ADULT & TEEN CHALLENGE BRITISH COLUMBIA
6 TEEN CHALLENGE QUÉBEC	36 ADULT & TEEN CHALLENGE OF CENTRAL CANADA

The Teen Challenge Canada yearlong program is intensive, but it works for men and women with entrenched addictions willing to embrace the hard work of personal addiction recovery. Our programs are making a real difference in the lives of individuals, families, and communities across Canada.

Teen Challenge organizations from across Canada are working together to be part of the solution to the addiction crisis. **Together**, we provide 433 (core 12-month and post-graduate) beds to serve men and women who want to find freedom from addiction.

KEY ACCOMPLISHMENTS

2023 KEY ACCOMPLISHMENTS

1	Began construction on new residence building for the Ontario Men's Centre (London, ON).
2	Celebrated the Grand Opening of the new and expanded Alberta Men's Centre (Priddis, AB).
3	Opened an Addiction Recovery Office (ARO) in Sudbury, ON as a pilot of complementary service to reach more people in addiction.
4	National Board and Senior Management developed our next 3-year Strategic Plan.
5	Celebrated with 56 men and women as they graduated the Teen Challenge Canada program.
6	Reorganized our fundraising team to meet the funding needs of our expanded treatment capacity.

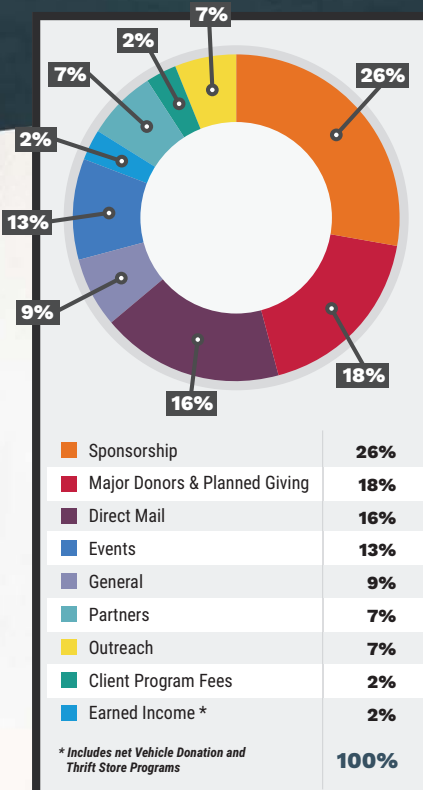
2024 KEY PLANS

2024 KEY PLANS

Honour and invest in our staff with a new compensation plan and expanded self-care tools.	1
Help more people through increased engagement with businesses, churches, and community leaders.	2
Begin construction of a new facility to complete the transition/move of the Northern Ontario Men's Centre to Sudbury, ON (pg. 38-39).	3
Complete construction of the new Ontario Men's Centre residence (London, ON).	4
Pursue goal of best-in-class treatment program based on sobriety, including expanded training for mental health and trauma awareness, more support for families of our clients, and improved admission processes.	5
Implement a range of strategic improvements to strengthen the expanded organization, including fundraising, program operations, pre-program supports, and ongoing care for graduates.	6

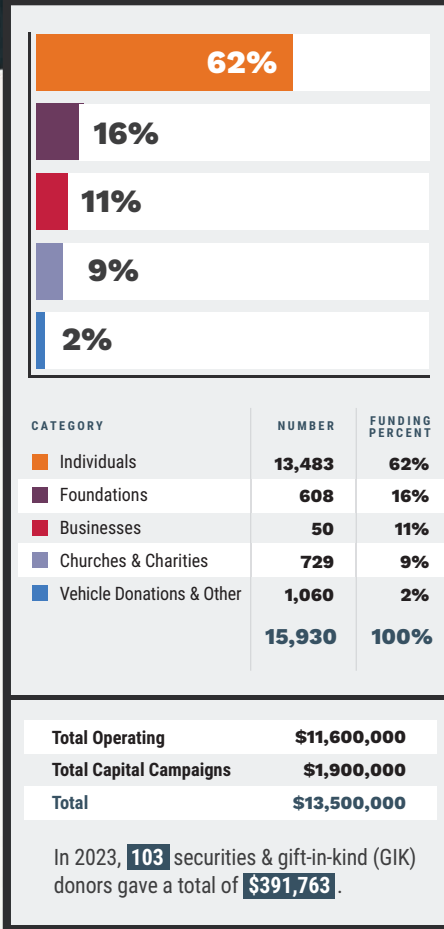


DISTRIBUTION OF GIVING INCOME

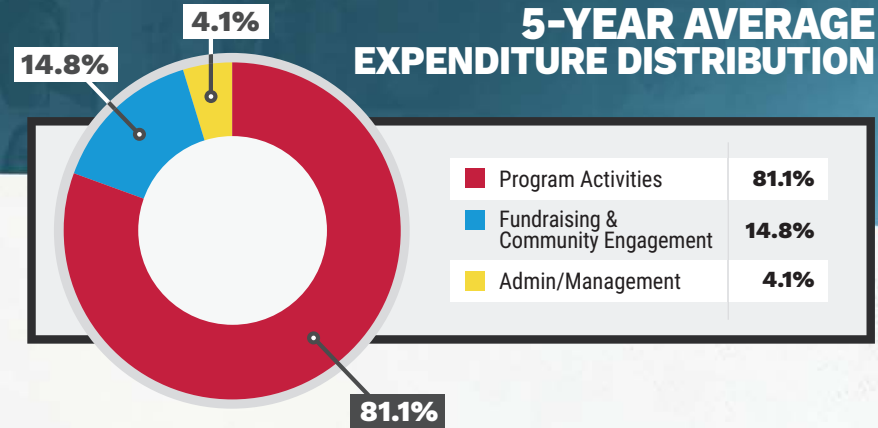


Thank you to the **15,903** donors who gave **\$13.5 million** to help men and women experiencing addiction in 2023.

DONOR DISTRIBUTION FINANCIAL SUPPORT



5-YEAR AVERAGE EXPENDITURE DISTRIBUTION



ADDITIONAL POINTS

- "Community Engagement" is our on-the-ground, community-focused programming, which includes pre-admission counselling, family support, church support, graduate aftercare, and other addiction awareness activities.
- Client fees (\$1,100 per person) fund 2% of the overall cost of their yearlong program.
- The average monthly cost of a program bed is over \$5,200 (incl. fundraising and admin).
- Teen Challenge Canada receives no ongoing government funding, and is completely funded by individual commitments and donations.
- We keep our admin costs low (4.1%) by centralizing admissions, call centre, accounting, and support tasks for all our centres.

We are so grateful for your continued support! Your financial gifts enable Teen Challenge Canada's life-changing message of recovery and freedom to reach as many individuals as possible, every day!

For full audit statements, visit www.teenchallenge.ca/financials

Teen Challenge Canada is committed to handling the finances entrusted to us with the utmost integrity. That is our commitment to you! In the last five years, an average of **81.1%** of funds were used for program activities to benefit the men and women in our nine centres across Canada, and **18.9%** was utilized for community engagement, addiction education, fundraising and other necessary expenses (see pg. 17).

"Teen Challenge Canada is committed to maintaining financial stability while continuing to grow and evolve as an organization. Thank you for your faithful donations. Your support is creating lasting change for so many across Canada!"

– Jim Palmer, Director of Finance, Teen Challenge Canada

WHY SOBRIETY CHANGES EVERYTHING

Individuals in addiction often describe ‘needing’ drugs and alcohol ‘just to feel normal’ and how their addiction slowly took over every aspect of their life.

Mark Webb, Teen Challenge Canada, Director of Program, says, *“We understand addiction as an attempt to ‘self-medicate’ internal pain and trauma. However, to begin the journey to recovery, men and women need to stop using substances to numb their pain.”* While rehabilitation begins with being sober, recovery is so much more than that.

Recovery is the lifelong healing process that allows for freedom from addiction and true sobriety. During our 12-month program, our clients get used to functioning without substances and start to think more clearly, beginning to find hope for the future. *“Guided by dedicated Teen Challenge Canada staff, individuals begin to deal with underlying issues with a clear mind. This is the beginning of recovery,”* says Mark.

Our clients often blame themselves for their addiction, as well as life situations they had no control over; this trauma causes clients physical and emotional pain. Through counselling, addiction and mental-health education, and staff encouragement, men and women in our care come to embrace God’s truth that they are loved and accepted. *“Compassion is the key that unlocks the shame and allows real transformation to occur,”* states Mark.

Living in community with staff and others in recovery, individuals learn to care and be cared for again. Sobriety is a series of daily choices on the lifelong road to recovery. Although the Teen Challenge Canada program provides the tools needed to set men and women up for success after they leave, graduates admit that living a life of sobriety takes diligence. Strong community ties, rewarding work, faith, and mentorship all help them cope with life’s inevitable challenges and not turn to drugs and alcohol during difficult times.

Using the tools they learn through the Teen Challenge program, graduates become caring parents, loving spouses, and valued employees. By committing to sobriety, men and women can lead full, meaningful lives and have a profound and positive impact on their families and local communities!

ROAD TO RECOVERY

ADMISSIONS, COMMUNITY LIVING, MENTAL HEALTH CARE,
SPIRITUAL CARE, PHYSICAL CARE & AFTERCARE

CORE PROGRAM

PHASE1 (MONTHS 1-4)

Men and women stabilize as they detoxify their minds, bodies, and spirits. An Accredited Addiction Counsellor helps clients create a treatment plan and work through emotions and personal trauma. During this phase, clients learn to adapt to structure, live and work with others, and cope with their pain caused by addiction—unfortunately, due to the challenging nature of this work, only about half of our clients choose to continue to the next phase.

PHASE2 (MONTHS 5-8)

Clients continue to learn about themselves and the Bible. They continue to create healthy routines, hone employment skills, volunteer in the community, and share their recovery stories at churches and businesses.

PHASE3 (MONTHS 9-12)

During the final four months of our core program, clients create an exit strategy and a relapse prevention plan. They develop leadership skills, mature in their faith, and where possible, improve family relationships.

AFTERCARE PROGRAM (POST GRADUATE)

PHASE4 (MONTHS 12-24)

If a position is available, graduates can choose to stay at a Teen Challenge Canada centre for an additional 6 months to 1 year. They work alongside staff and current core program clients while continuing in a mentoring relationship with a counsellor and staff members.

PHASE5 (MONTHS 24-36)

If a position is available after a successful completion of a Phase4 Program, Phase5 graduates are hired in a staff position supporting a local Teen Challenge Canada centre. They join a church, attend Celebrate Recovery meetings, and begin to give back to society.

** Ongoing Care Assistance is provided to all graduates to support them in their hard-won recoveries. Graduates are connected with our National Aftercare Coordinator to ensure successful reintegration into society.*

WHAT ARE THE SIGNS OF ADDICTION?

Recognizing the signs of addiction is a crucial step in offering help and support to those in need.

Glen Smeltzer, CEO of Teen Challenge Canada, emphasizes, **“Understanding addiction’s signals is not just about identification; it is about initiating timely and effective intervention.”** Addiction, often subtle in its onset, can manifest in various ways, including behavioral changes, physical symptoms, and emotional distress.

Signs to watch for include neglecting responsibilities, changes in behaviour, withdrawal from social activities, and noticeable shifts in health or hygiene. **“It is essential to remember that addiction does not discriminate; it affects individuals from all walks of life,”** adds Glen.

When confronting someone about addiction, it is vital to approach the conversation with compassion and understanding. Mark Webb, Director of Program, advises, **“Conversations about addiction require a balance of honesty and empathy. The goal should be to build trust, not walls.”** It is important to express concern without judgment and to actively listen.

Teen Challenge Canada offers a solution for those ready to seek help overcoming substance abuse. Our intensive approach caters to individuals who may have tried shorter and/or out-patient type programs in the past, and maintains the underlying belief that recovery is a personal journey where freedom from substance addiction is possible!

Glen notes, **“Our program is about transformation. It is a journey from addiction to a life of purpose, hope, and meaning.”** The success of Teen Challenge Canada lies in its comprehensive approach, providing not just the tools for sobriety, but a pathway to a fulfilling life. The journey to recovery starts with recognizing the need for help and taking the first brave step towards healing.

If you or someone you know is struggling with substance addiction, Teen Challenge Canada is here to help! For more information regarding program admissions see **pg. 28-29**, or visit us online ...

www.teenchallenge.ca/get-help

2023 PROGRAM STATS

At Teen Challenge Canada, we acknowledge that overcoming personal addictions is challenging and mental health concerns can add a complex dynamic to addiction recovery.

In 2023, 62% of those who came to a Teen Challenge Canada centre, identified as having at least one previously diagnosed mental health concern. By introducing coping methods and skills through addiction recovery classes and working with staff on their after-care plans, we can help those who come to us learn to live without the use of substances, manage their mental health diagnoses, and help equip them to lead full and meaningful lives.

TEEN CHALLENGE PROGRAM STATS

Applications Received	1,279	Admissions	245
Interviews/ Assessments	512	Graduations	56

TEEN CHALLENGE CLIENTS IN PROGRAM

Hours spent in addiction counselling	3,617	Hours spent in work therapy and classroom time	132,600
Average number of clients in program	102 per week	Graduates who participated in our Phase 4 & 5 program	65

DRUGS OF CHOICE FOR CLIENTS IN 2023

Alcohol	50%	Cocaine	22%
Cannabis	13%	Opioids	11%
Amphetamines (including Crystal Meth)		20%	

TEEN CHALLENGE CANADA
2023 GRADUATES

ACROSS CANADA

GROWING STRONGER TO STRENGTHEN COMMUNITIES ONE LIFE AT A TIME



MIKE G. Chicoutimi, QC
DAVID H. Brampton, ON
ANDREW N. Fergus, ON
MICHAEL C. Barrie, ON
DEBBIE G. Saskatoon, SK
LEVONN H. Edmonton, AB



DUSTY-ROSE S. Saskatoon, SK
JONATHAN H. Three Hills, AB
THOMAS C. Peterborough, ON
KAYLA P. Labrador City, NL
COREY P. Grand Falls-Windsor, NL
CORY H. Brampton, ON



TODD E. Plunkett, SK
TEDD E. Saskatoon, SK
OLIVIA F. Saskatoon, SK
CURTIS H. Winchester, ON
BRYCE S. Saskatoon, SK
THARANEISWARAN T. Toronto, ON



HELEN F. Trinidad & Tobago
TANNER P. Yellowknife, NWT
CRYSTAL R-L. St. Catharines, ON
ROBERT R. Kirkland Lake, ON
DANIEL P. Guelph, ON
DAVID K. Mexico



REBEKAH E. London, ON
MARK JAKE U. Windsor, ON
CORY M. Camrose, AB
STEVE S. Petrolia, ON
NOAH L. Moncton, NB
RONALD D. Suriname



MAUREEN S. Birmingham, UK
SCOTT M. Hamilton, ON
SETH L. Chilliwack, BC
DOMENIC R. Montreal, QC
GORDON P. Botwood, NL
BRAYDON E. Saskatoon, SK



BRANDON C. New Glasgow, NS
SEAN S. Toronto, ON
MIKE L. Calgary, AB
JAMES M. Prince George, BC
ALEX W. Edmonton, AB
ALICIA L. St. John's, NL

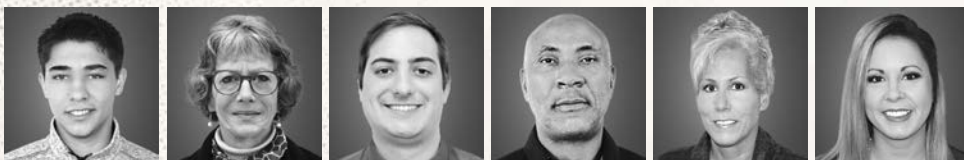


RENE K. Toronto, ON
HOLLY C. Toronto, ON

Congratulations!
Teen Challenge Canada Graduates



STEPHEN B. Thornhill, ON
DAVID M. Samara, Russia
JOSHUA B. Sarnia, ON
CHARLES N. Stoney Creek, ON
CRAIG E. Bancroft, ON
PETER F. Mexico



JORDAN M. Markham, ON
LOUISE T. Saint-Jude, QC
CHASE M. Vernon, BC
RICHARD S. Jamaica
CELESTE S. Edmonton, AB
KRISTINE M. Nipawin, SK

A PRAYER FOR OUR GRADUATES ...

*Heavenly Father,
 We thank you for the courage and strength you have given to the 2023 graduates of Teen Challenge Canada.
 We pray for your guidance and protection, that you will help them to stay strong in their journey of recovery.*

*We ask that you would provide them with the resources and support they need to stay on the right path
 and to make wise decisions for themselves and their families. Help them to find peace and joy in the days
 ahead and to always remember that you are walking with them each step of the way.*

In Jesus' name, Amen.

A GRADUATE'S RECOVERY INSPIRES FAMILY

Graduate Profile: Trisha Grignon

Before coming to a Teen Challenge Canada centre, Trisha was a severely underweight and serious intravenous drug user.

Reflecting on her past, Trisha admits, **"I overdosed all the time and did not value myself."** But all that has changed. This past September, Trisha celebrated five years clean from drugs and alcohol. **"Look what God has done!"** says Trisha.

After a 12-month program and a Phase4 (pg. 19), Trisha accepted a staff position at the Ontario Women's Centre and earned a college degree in Addictions and Mental Health. **"God took away my desire for drugs,"** says Trisha, who still sees former friends and drug dealers around her neighbourhood. **"I am a beacon of hope to people I used drugs with."**

Today as a Donor Relations Liason in the Ontario region, Trisha tells her incredible story to groups, churches, and individuals, sharing her recovery journey through Teen Challenge Canada. **"People want to support us [Teen Challenge Canada] through awareness and financial gifts because they appreciate the faith aspect of our program."** Trisha adds, **"They know that real hope comes through Jesus!"**

"All of my relationships were strained when I was living in addiction ... addiction is almost worse for immediate family members."

Trisha also takes the opportunity to speak to and motivate women who are just starting their journey to recovery. **"I have talked to so many women who were ready to quit,"** says Trisha. She assured them that she understands how they feel. **"I have been where they were and have experienced the hopelessness, the desire to quit, and go back to the drugs."**

Trisha's remarkable recovery also impacted her family. **"All of my relationships were**

strained when I was addicted," says Trisha. **"My mom constantly begged me to go to Teen Challenge to get help—addiction is almost worse for immediate family members."** Her mom, Shirley, felt powerless to help, and was using alcohol to cope. **"But she never gave up on me,"** adds Trisha. Thankfully, Trisha has been reconciled to her mom, as well as to her son and brothers.

Today, Trisha's mom is also addiction free, and leads Teen Challenge presentations at churches. **"My mom is grateful to give back to the ministry that saved her daughter's life."** But the positive effects don't stop with Trisha's mom. Her son was inspired to quit using drugs. **"My son used to be an addict. Now he lives for the Lord."** Her brother is also attending church. **"God has done amazing work in our lives."**

Reflecting on these personal and family miracles, remind Trisha of a quote she recently heard at a Teen Challenge Ontario Women's Centre graduation, **"Doctors heal bodies, but Teen Challenge Canada heals whole families!"**

If you suspect a friend or a loved one is caught in addiction, Teen Challenge Canada is here to help! For more information, regarding the signs of addiction see pg. 20, or visit us online ...

www.teenchallenge.ca



Trisha Grignon
2019 Teen Challenge Canada Graduate

COMPASSION IN ACTION

When Pastor Terry Woodcock arrived at Devon Park Baptist Church 16 years ago, they had a vibrant foreign missions program, but were not as good at meeting local needs. “I wanted to see a better balance between global and local missions,” says Terry.

Terry was familiar with Teen Challenge Canada and supported the ministry with previous congregations in New Brunswick and Ontario. As a pastor, he meets many people with overwhelming needs, including individuals with drug and alcohol problems. **“I did not feel equipped to deal with addictions,”** says Terry. That is why when Terry met Jared, he knew where to connect him. **“He was a young man in real trouble. He was coming to our church, and we convinced him to attend a Teen Challenge Canada Ministry Team presentation.”** Afterward, Terry helped Jared enter the Teen Challenge Canada program. **“We prayed for him and wrote letters to him,”** says Terry. **“We are blessed to have a ministry like Teen Challenge available.”** He adds, **“We believe the lives of [those experiencing addiction] are worth investing in, they have real value.”**

“We believe the lives of [those experiencing addiction] are worth investing in, they have real value.”

Pastor Terry Woodcock, Devon Park Baptist Church, Fredericton, NB

Terry and his congregation appreciate Teen Challenge Canada’s faith-based addiction treatment services. He says, **“I feel there is a lot of compassion from those in our congregation for those in addiction because of the relationship with Teen Challenge.”** For example, the Devon Park ladies ministry collects turkeys for Thanksgiving and toiletries for the men at the local Teen Challenge Canada centre. On behalf of the congregation, they drive the 2-3 hours to Memramcook, NB to deliver the gifts.

The compassion also extends to other local ministries, including reaching out to homeless people, and ministering to new Canadians from Ukraine. **“I have been preaching on not just feeling love for people, but taking action to show love,”** says Terry.

Teen Challenge Canada continues to be grateful for the compassionate ongoing partnerships that exist with local churches like Devon Park Baptist Church. The prayers, financial gifts, volunteers, and gift-in-kind donations received from individuals, businesses, churches, and community groups, make the ministry of helping those in local communities who are experiencing addiction, possible! As well, for those who are receiving help in our year-long, faith-based, in-residence program, witnessing and understanding that there are communities of people, who care and love them as they are, makes a positive difference on their recovery journey!

For information on how you, your business and/or your church can get involved with Teen Challenge Canada, visit us online ...

www.teenchallenge.ca/get-involved



**Devon Park Baptist Church
Ladies Ministry**

GET HELP TODAY

As Canada confronts the increasing and persistent challenge of addiction and substance abuse deaths across the country, the urgency for effective and affordable recovery services has become alarming and critical.

Recent national statistics describe that over the past five years, substance abuse, particularly involving opioids and alcohol, has remained a critical public health issue. The Canadian Government reported significant increases in opioid toxicity deaths, while alcohol continues to be the most commonly misused substance across the country, with a 23% increase in alcohol related deaths over a three-year period (2019-2022)¹.

Amidst this complex addiction landscape, Teen Challenge Canada stands as a pillar of hope and transformation. With a network of nine centres nationwide, we offer a path to recovery for those trapped in the cycle of addiction. Our faith-based, 12-month, in-residence program is designed to not just break the chains of substance abuse, but to foster a complete life transformation.

Understanding that addiction does not develop overnight, Teen Challenge Canada addresses this complex issue with a perspective of hope and practical support. Our programs are rooted in the belief that real change is possible. Within our centres, individuals grappling with addiction are not isolated in their struggles; instead, they are embraced by a community that understands the weight of fear, shame, and guilt that often accompanies individuals on their recovery journeys. Our compassionate staff are dedicated to walking alongside each person, celebrating their unique victories, and providing the necessary support to overcome the hurdles of addiction.

Overcoming addiction is a formidable challenge, but it is not insurmountable. At Teen Challenge Canada, we believe in the power of taking that first brave step towards recovery, and we stand ready to assist those and their families who are willing to embark on this transformative journey. Calling our toll-free number to talk to an admissions coordinator, going to our website for information, and/or submitting an application, could be your first step to freedom from substance abuse.

Start your road to recovery with Teen Challenge Canada today!

1. Source: www.addictiongroup.org/addiction/canada/



GET HELP TODAY

THERE IS *hope* ...LET US *help*

Teen Challenge Canada is an in-residence drug & alcohol rehabilitation program with centres located across Canada.

1-877-343-1022

FOR MORE INFORMATION, VISIT US AT WWW.TEENCHALLENGE.CA



Scan the QR code to watch our "Get Help Today!" video or learn more at

www.teenchallenge.ca/get-help



WHY FAITH MATTERS IN ADDICTION RECOVERY

Men and women experiencing addiction are profoundly changed when they are confronted with the truth that they are truly loved, despite their past.

In a world where the severity of drug and alcohol addiction runs deep, finding a lifeline in faith can be the turning point towards recovery. As Matthew Barbour, Director of Centre Operations, Teen Challenge Canada, puts it, **“In a journey towards recovery, faith is not just a component; it is the cornerstone.”** This sentiment echoes the heart of Teen Challenge Canada’s approach, where faith in Christ is central to the recovery process.

The Bible offers profound wisdom in this regard, reminding us that **“perfect love – compassionate, unconditional, unending love, drives out fear,”** 1 John 4:18. This perfect love, found in Jesus Christ, is fundamental to the transformative experience at Teen Challenge Canada. Mark Webb, Director of Program, emphasizes, **“Trusting in God and embracing the unconditional love of Jesus is where true and lasting change begins. It is about more than recovery; it is about a complete life transformation.”**

“Trusting God and receiving the love of Jesus makes this lasting change possible! That is why a faith-based component to addiction recovery is so important.”

Glen Smeltzer, CEO, Teen Challenge Canada

The desire to ease physical and emotional pain motivates most addictions, but when the anguish and shame are gone, men and women can embrace sobriety and live a full and meaningful life. **“Trusting God and receiving the love of Jesus makes this lasting change possible! That is why a faith-based component to addiction recovery is so important,”** says Glen Smeltzer, CEO, Teen Challenge Canada.

This faith-based methodology is not just unique to Teen Challenge Canada; it is a

recognized approach in many addiction treatment programs worldwide. The principle is simple yet profound: placing faith in something greater than oneself can be a powerful catalyst for change. **“However, we know that it is specifically faith in Christ that anchors the most lasting change in addiction recovery,”** says Glen.

At Teen Challenge Canada, we stand firm in the belief that anyone can access our services, regardless of their personal faith and/or financial situation. This openness highlights our commitment to providing a faith-based solution to the addiction crisis in Canada, available to all who seek help.

Teen Challenge Canada’s program is more than an addiction recovery pathway; it is a journey of faith, leading to profound, life-altering transformation. As Matthew Barbour poignantly states, **“It is through faith that we find the strength to heal, and in Christ’s love, we discover the power to change.”**

For more information regarding Teen Challenge Canada’s ‘Response to Addiction’ and ‘Why we Respond?’ see **pg. 42-43.**



“However, we [at Teen Challenge Canada] know that it is specifically faith in Christ that anchors lasting change in addiction recovery.”

Glen Smeltzer, CEO, Teen Challenge Canada

A PATH TO HEALING AND HOPE

Across the Prairie region, the Teen Challenge Canada program stands as a symbol of hope and transformation with three Prairie Region centres—Saskatchewan Men’s Centre, Prairie Hope Women’s Centre, and the Alberta Men’s Centre, each playing a pivotal role in guiding individuals on their journey to recovery.

Robyn Arcand, Centre Director, Prairie Hope Women’s Centre, states, *“We believe in individuals in addiction, even when others have given up or they do not believe in themselves.”* This belief is grounded in recognizing the unique pathways and experiences people may take on their journey to recovery. At Teen Challenge Canada, we are committed to being available to all adult men and women who are seeking to overcome personal substance addiction.

Chantel Paris, Centre Director, Alberta Men’s Centre, says, *“Teen Challenge Canada recognizes that addiction is complex and just like the pathway to addiction is not the same for everyone, neither is the roadmap to recovery.”* Zach Drew, Director of the Saskatchewan Men’s Centre, adds, *“To help individuals succeed in their recovery journey, we create custom care plans tailored to an individual’s needs, to ensure a person’s unique path to recovery is acknowledged and supported.”* This message of renewal and possibility is echoed through each centre’s approach.

Our core 12-month program offers a supportive environment with comprehensive care plans, including skill development, biblical teachings, habit formation, and counselling sessions, so those at our centres across Canada can learn to take responsibility for their actions, forgive oneself, accept God’s love, and care for themselves and their families moving forward.

Teen Challenge Canada, one ministry, one high-quality program, with nine centre locations.

For more information regarding centre locations across Canada, go to page 46-47.

CENTRE LOCATIONS



ALBERTA MEN’S CENTRE
Priddis, AB



Chantel Paris
Phone: 403.931.3501
Toll Free: 1.800.856.8902



SASKATCHEWAN MEN’S CENTRE
Allan, SK



Zach Drew
Phone: 306.257.3325
Toll Free: 1.877.396.9152



PRAIRIE HOPE WOMEN’S CENTRE
Hague, SK



Robyn Arcand
Phone: 306.225.2213
Toll Free: 1.866.663.7060

SUBSTANCE USE STATISTICS

PRAIRIE REGION ALBERTA	23% INCREASE	EMS responses to opioid-related events in Alberta increased over 23% in 2023. ¹
	169% INCREASE	From 2019 to 2023, there has been a 169% increase in the number of toxic drug related deaths annually in Alberta. ²

1. Source: <https://healthanalytics.alberta.ca>

2. Source: <https://globalnews.ca/news/10013922/toxic-drug-deaths-alberta-july-2023/>

PRAIRIE REGION SASKATCHEWAN	437	There were 437 drug toxicity deaths in Saskatchewan between Jan 1, 2023, and Dec 4, 2023. ¹
	2yrs DECREASE	The drug epidemic has taken so many young lives, Saskatchewan’s life expectancy fell by two years. ²

1. Source: <https://publications.saskatchewan.ca/#/products/90505>

2. Source: <https://www.cbc.ca/news/canada/saskatchewan/drug-overdoses-covid-19-drive-sask-life-expectancy-to-lowest-level-in-22-years>

* For Prairie Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

VALUING EVERY INDIVIDUAL ON THE ROAD TO RECOVERY

Across Ontario, the Teen Challenge Canada program operates with a steadfast commitment to recovery and personal transformation.

At Teen Challenge Canada, our mission, 'to demonstrate God's love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives,' is embodied within the Ontario Men's Centre, Eastern Ontario Men's Centre, and the Ontario Women's Centre. We are dedicated to valuing every individual struggling with addiction who comes through our doors.

Jennifer Hay, Centre Director, Ontario Women's Centre, articulates the foundation of our mission, *"Men and women trapped in addiction matter to us because they matter to God."* This sentiment resonates throughout our centres across Canada, where the worth of every individual is recognized and valued.

Understanding that addiction is multifaceted, Peter Kunst, Centre Director, Eastern Ontario Men's Centre, states, *"Addiction is more than just breaking a physical dependence; it involves addressing each person's emotional, physical, psychological, and spiritual needs. Our approach is vital in guiding individuals towards a path of lasting recovery."*

Echoing this idea, Chuck Butler, Centre Director, Ontario Men's Centre, highlights the tailored programs Teen Challenge offers. *"Our thorough approach emphasizes the value and worth within everyone; reflecting our understanding that recovery is a personal journey and requires a tailored program."*

"Individuals on the road to recovery at a Teen Challenge centre learn they are valued and loved immensely by God," says Jennifer. This realization fosters personal change and opens the door to a new life, free from addiction, affirming that every journey, every struggle, and every individual, is profoundly significant.

For information regarding the relocation of the Northern Ontario Men's Centre, go to page 38-39.

CENTRE LOCATIONS



ONTARIO MEN'S CENTRE
London, ON



Chuck Butler
Phone: 519.652.0777
Toll Free: 1.888.417.7777



ONTARIO WOMEN'S CENTRE
Aurora, ON



Jennifer Hay
Phone: 905.727.3913
Toll Free: 1.877.979.7770



EASTERN ONTARIO MEN'S CENTRE
Renfrew, ON



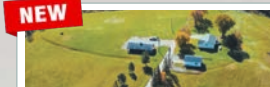
Peter Kunst
Phone: 343.361.1011
Toll Free: 1.877.568.8282



NORTHERN ONTARIO MEN'S CENTRE
Sault Ste. Marie, ON

RELOCATING TO SUDBURY, ON

NEW



NORTHERN ONTARIO MEN'S CENTRE
Sudbury, ON

NEW CENTRE BUILD LOCATION

SUBSTANCE USE STATISTICS

ONTARIO REGION ONTARIO	3X	Alcohol toxicity death rates were 3 times greater in Northern Ontario than Southern Ontario. ¹
	8 PER DAY	An average of 8 people per day in Ontario died due to opioids (Apr 2021-Mar 2022). ²
	475% INCREASE	The rate of traffic injury ER visits in Ontario that involve cannabis has increased over 475% since 2010. ³
	1000	In the first four months of 2023, over 1000 people died from consuming unregulated street drugs in Ontario. ⁴

1. Source: <https://odprn.ca/wp-content/uploads/2023/09/Substance-Toxicity-Alcohol-Infographic.pdf>
 2. Source: <https://www.cbc.ca/news/canada/sudbury/opioid-crisis-ontario-pandemic-1.6559379>
 3. Source: <https://globalnews.ca/news/9941455/cannabis-related-traffic-injuries-canada>
 4. Source: <https://kitchener.citynews.ca/2023/07/11/rise-of-fentanyl-as-a-street-drug-no-longer-a-crisis-but-a-tragedy-expert>

* For Ontario Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

A JOURNEY OF REDEMPTION & HEALING

In Atlantic Canada, the Teen Challenge Canada program stands as a beacon of hope and transformation.

At the Atlantic Hope Women’s Centre and the Atlantic Men’s Centre, journeys of redemption and healing unfold daily, guided by the belief that every individual deserves a chance at a better life. Elizabeth Pearcey, Centre Director, Atlantic Hope Women’s Centre, says it well, *“We believe everyone is equal in God’s eyes and deserves the opportunity to experience His love, forgiveness, and healing power regardless of their past.”*

At Teen Challenge Canada, we recognize that overcoming addiction may be a ‘challenging journey,’ marked by trials and setbacks. For some, it may take several attempts and several types of recovery options, over many years before individuals arrive at a Teen Challenge Canada centre; a place that firmly believes in offering countless chances to those suffering with addiction, and understands that each journey is unique and every step forward is a victory.

Kent Carter, Centre Director, Atlantic Men’s Centre, emphasizes the importance of being present for individuals when they are ready to commit to their recovery. *“Regardless of the path that led individuals to our centres, we need to be there when they are ready to make the commitment to their recovery.”*

The recovery journey does not end upon graduation. At Teen Challenge Canada, we recognize that the road can remain tumultuous even after program completion. Our extended aftercare program and Phase4 & 5 opportunities are testaments to our enduring commitment, ensuring graduates receive continued support and guidance.

Elizabeth concludes, *“In Atlantic Canada, men and women are learning that their lives are worth living regardless of their past choices or the struggles they face. They are discovering the possibility of a meaningful life, free from substance addiction; ... is at Teen Challenge Canada.”*

For information regarding Teen Challenge Canada distinctives, go to page 42-43.

CENTRE LOCATIONS



ATLANTIC MEN'S CENTRE
Memramcook, NB



Kent Carter
Phone: 506.758.2377
Toll Free: 1.800.965.7170



ATLANTIC HOPE WOMEN'S CENTRE
St. John's, NL



Elizabeth Pearcey
Phone: 709.781.7118
Toll Free: 1.866.968.9450

SUBSTANCE USE STATISTICS

ATLANTIC REGION NEW BRUNSWICK	60%	60% of substance related deaths in New Brunswick involved opioids. ¹
	103,135	An estimated 103,135 people in Atlantic Canada used illegal drugs in the past year. ²

1. Source: www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/en/MentalHealth/New-Brunswick-opioid-surveillance-report-Q4-2022.pdf
2. Source: www.canada.ca/en/health-canada/services/canadian-alcohol-drugs-survey/2019-summary/detailed-tables

ATLANTIC REGION NEWFOUNDLAND & LABRADOR	91%	Between January and September 2023, 91% of overdose deaths in Newfoundland & Labrador involved cocaine. ¹
	\$318 MILLION	Alcohol-related harm costs Newfoundland & Labrador more than \$318 million annually. ²

1. Source: <https://www.cbc.ca/news/canada/nova-scotia/overdose-deaths-cocaine-rise-1.7006030>
2. Source: <https://www.gov.nl.ca/hcs/files/ProvincialAlcoholActionPlan.pdf>

* For Atlantic Region resources, drug stats & articles, go to www.teenchallenge.ca/resources

EXPANDING IMPACT WITH THE NORTHERN ONTARIO MEN'S CENTRE'S MOVE TO SUDBURY

After over two decades of unwavering addiction recovery service in Sault Ste. Marie, Teen Challenge Canada has embarked on a strategic relocation of the Northern Ontario Men's Centre to Sudbury, ON.

This pivotal move is driven by our dedication to expanding our reach and elevating the support for individuals combatting addiction in Northern Ontario.

The Northern Ontario Men's Centre opened its doors in 1999, and since then, has been a cornerstone of addiction recovery for hundreds of men. Our decision to relocate from Sault Ste. Marie to Sudbury, ON, was determined over the last six years, as a response to the growing addiction needs throughout Northern Ontario communities and the limitations and age of the Sault Ste. Marie location. The move is also reflective of the staggering statistics reported by the Ontario Coroner, released on May 4th, 2023; Northern Ontario communities face a staggering 3-4 times higher risk of drug and alcohol-related deaths compared to the rest of Ontario.

The new centre, to be constructed near Vermillion Lake, ON, represents our commitment to providing the highest standard of care. The purpose-built facility is designed and will be built to support future growth and deliver impactful recovery services. Concurrently, this year, we opened our Addiction Recovery Office (ARO) in Sudbury, ON—a resource for hope and guidance for those navigating personal addictions. Located within The Samaritan Centre, the ARO connects individuals and families with crucial resources, out-patient services, and support.

As we transition, we carry with us the legacy of success and faith from our time in Sault Ste. Marie, where the community's support has been incredible. We extend our deepest gratitude to the staff whose passion has been the heartbeat of our mission.

"Our dedication to freeing men and women from substance addiction is unwavering, deeply rooted in faith and love. We step into the future with optimism, seeking to make an even greater impact in Northern Ontario", says Teen Challenge Canada, CEO, Glen Smeltzer.

As this new chapter unfolds for Teen Challenge Canada, we have launched a capital campaign to help fund the construction of the new Northern Ontario Men's Centre in Sudbury. Please join us as we pray to see the doors of this centre open, so we can once again invite men from across Northern Ontario and beyond to come and begin their journey to recovery. **"Together, we can continue to positively impact the lives of individuals, families, and communities affected by addiction in Northern Ontario,"** says Glen.

If you would like more information regarding the decision to relocate the Northern Ontario Men's Centre, visit ...

www.teenchallenge.ca/nomc-closure-relocation-update



Former Northern Ontario Men's Centre
Sault Ste. Marie, ON



Teen Challenge Canada - Addiction Recovery Office
The Samaritan Centre, Sudbury, ON



Future location of the new Northern Ontario Men's Centre
Vermillion Lake, ON (just outside of Sudbury, ON)

A LIVING BEACON OF HOPE

Graduate Profile: Derek Corliss

At the height of his addiction, Derek Corliss experienced drug-induced psychosis from heavy crystal meth use. “I had lost control, and I was always paranoid.” One winter night, his delusions drove him to crawl through the sewer all night.

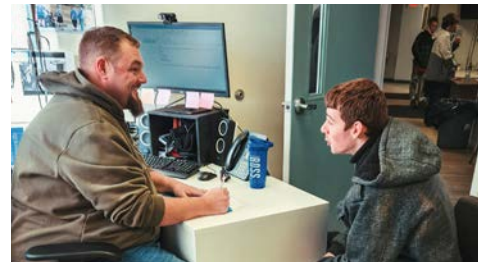
At one point, he knew, **“This is serious; I could die.”** Derek climbed a ladder and strained to lift the 250 lb. manhole cover. Police took him to the hospital, fearing that with no coat or socks, Derek may have frostbite.

Shortly after, Derek went to jail for more than a year. While incarcerated, a staff member there told him he was at a crossroads. She said, **“You are either going to end up in jail for a very long time, kill someone, or make the choice to get your life back on track.”** Her message hit home, and Derek agreed to addiction treatment. After leaving a community treatment program, he went to a Teen Challenge Canada centre in Ontario. With God’s help, Derek was finally ready to deal with the trauma of an absent father, an abusive stepfather, and the sexual abuse by a stranger. One year later, Derek graduated the Teen Challenge program and was ready to live a life free from substance abuse.

Years later, Derek is grateful that he can work for the ministry that helped save his life. Working as an outreach coordinator at the newly established Teen Challenge Addiction Recovery Office (ARO) within the Samaritan Centre in Sudbury, ON, Derek tells individuals he meets that there is hope for a life after addiction. **“Their faces light up when I tell them my story.”** Along with other staff at the ARO, Derek works alongside men and women who not only are experiencing addiction, but also additional challenges including homelessness, and mental health concerns. **“I talk to them before they are ready to change, but when they are ready, [to take the first step to overcome their substance addictions], I am there to help them find the resources they need and/or apply to a Teen Challenge Canada centre.”**

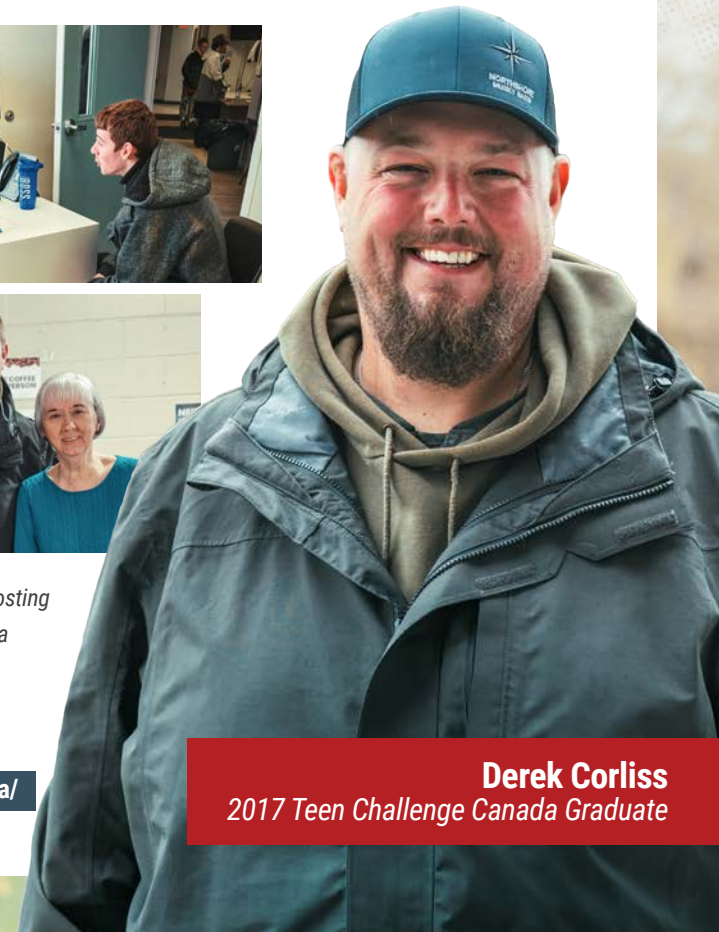
Currently, Teen Challenge Canada operates nine centres across Canada including the current plans to relocate the former Northern Ontario Men’s Centre in Sault Ste. Marie to Sudbury, ON (see pg 38-39). To make the dream of a Teen Challenge Canada centre in Sudbury a reality, Derek nurtures relationships with local churches and businesses.

Sharing his recovery story, Derek inspires community members to help men and women who are numbing their pain with drugs and alcohol. **“I am building awareness that we [Teen Challenge Canada] are in the neighbourhood, and that they can help by praying for us, volunteering, and giving through financial support, to those in addiction like I was ... I found hope and freedom from addiction, and others can too!”**



For information about hosting a Teen Challenge Canada Ministry Team at your business and/or church, visit us online ...

www.teenchallenge.ca/get-involved



Derek Corliss
2017 Teen Challenge Canada Graduate

RESPONSE TO ADDICTION IN CANADA

WHY DO WE RESPOND?

TO ANSWER GOD'S CALL

Those caught in addiction are among the most vulnerable in society. With our recovery program, we extend the healing hand of God to those who are struggling with substance abuse.

TO SAVE LIVES

In Canada, there were over 1,904 apparent overdoses in the first three months of 2023. Our 12-month program aims to save more lives and allow more individuals and families to find freedom from life-controlling addiction.

TO ENABLE LONG-TERM CHANGE & SOBRIETY

Our therapeutic program equips those who are experiencing addiction and empowers them to change all areas of their lives. The ultimate goal is abstinence—living a life of complete sobriety (pg 18).

TO RESTORE FAMILIES AND COMMUNITIES

When those struggling with addiction find their way back to health and wholeness, families are restored and communities are strengthened. Our graduates can fully embrace their roles as spouses, parents, siblings, workers, volunteers, and friends.

TO WITNESS TRANSFORMATION

It is a joy for Teen Challenge Canada staff, volunteers and supporters to witness someone struggling with life-debilitating addiction find freedom, peace, and hope for a brighter future. Witnessing changed lives makes the long and hard work worthwhile.



THE TEEN CHALLENGE DIFFERENCE

WHAT DEFINES US?

✓ OUR PERSONNEL ARE CHRISTIAN

Our compassionate staff are committed to Christ and to demonstrating God's love. They remain sensitive, yet firm in this difficult calling to work with people in crisis.

✓ OUR STAFF ARE SKILLED

Trusting God for the ultimate outcome, our staff harness the best insights, practices, and methods for therapy, counselling, skills training, and personal development.

✓ OUR APPROACH IS INTENSIVE

Clients live communally 24-hours a day and participate in extensive learning and therapeutic activities for an entire year.

✓ OUR PROGRAM IS VOLUNTARY

We do everything we can to help clients complete the program, but give them the freedom to leave.

✓ OUR PROGRAM IS COMPREHENSIVE

We use a variety of program elements to help clients grow healthy spiritually, socially, mentally, and physically.

✓ RECOVERY IS A PROCESS OF SPIRITUAL AND PERSONAL GROWTH

Breaking patterns of addiction is messy, time-consuming, and hard. To get free, clients need to unpack and allow God's light to shine on their darkest moments and deepest needs. They must also learn to trust others and form healthy relationships.

✓ FAITH TRANSFORMS

Clients do not need to be Christian to enroll in Teen Challenge. However, there is a radical impact when men and women acknowledge God's place in their lives and accept His offer of a clean slate. As hope, grace, and forgiveness take root, they are launched on a lifelong journey of transformation.

ADDITIONAL ADDICTION RESOURCES

ACROSS CANADA

ALBERTA

ADDICTION AND MENTAL HEALTH SERVICES

Alberta Residential Addiction Treatment Service

Find the support you need for lasting recovery with Alberta Residential Addiction Treatment Service

www.alberta.ca/residential-addiction-treatment-service-providers.aspx

Alberta Health Services

The Addiction and Mental Health Line is a 24-hour, 7-day a week confidential service providing support, information and referrals to Albertans experiencing addiction and mental health concerns.

www.albertahealthservices.ca

SASKATCHEWAN

ADDICTION AND MENTAL HEALTH SERVICES

Saskatchewan Mental Health and Addiction Services

The Saskatchewan Alcohol and Drug Services page is a resource for finding addiction treatment in your community.

www.saskatchewan.ca/residents/health/accessing-health-care-services/mental-health-and-addictions-support-services/alcohol-and-drug-support/alcohol-drug-and-addictions-resources

eMental Health

eMental Health provides Saskatchewan residents with a convenient way to access mental health services online.

www.ementalhealth.ca/saskatchewan/

ONTARIO

ADDICTION AND MENTAL HEALTH SERVICES

Ontario.ca – Ontario Health and Wellness

Get free, confidential support for depression, anxiety, addiction, gambling, and other problems.

www.ontario.ca/page/mental-health-services/

Ontario – Canadian Mental Health Association

Understanding and finding resources for addictions and mental health.

www.ontario.cmha.ca



ADDITIONAL ADDICTION RESOURCES

ACROSS CANADA

NEW BRUNSWICK

ADDICTION AND MENTAL HEALTH SERVICES

New Brunswick Addiction Centres

Get a list of addiction centers in New Brunswick. Find the locations all in one place.

www2.gnb.ca/content/gnb/en/departments/health/Addiction/NewBrunswickAddictionCenters.html

Mental Health Services

Mental Health Services is committed to providing the least restrictive, most appropriate care for people with mental disorders.

www2.gnb.ca/content/gnb/en/departments/health/mental_health_services.html

NEWFOUNDLAND AND LABRADOR

ADDICTION AND MENTAL HEALTH SERVICES

Mental Health and Addictions

The Mental Health and Addictions Division is responsible for managing mental health and addiction policies and programs in Newfoundland and Labrador.

www.gov.nl.ca/hcs/mentalhealth-committee/mentalhealth/

811 Healthline

A mental health and addictions services navigator.

www.811healthline.ca/mental-health/

ADDITIONAL TEEN CHALLENGE OUTPATIENT SUPPORT

TEEN CHALLENGE CANADA | ADDICTION RECOVERY OFFICE

The Samaritan Centre

344 Elgin St. Sudbury, ON P3E 3N9

ADULT & TEEN CHALLENGE CENTRAL CANADA | COMMUNITY OFFICES

Dryden, ON
34-G King St. Dryden, ON

Thunder Bay, ON
107 Johnson Ave. Thunder Bay, ON

Steinbach, MB
358 Main St. Steinbach, MB

Winnipeg, MB
1016 St James St. Winnipeg, MB

Swan River, MB
224 5th Ave. N Swan River, MB

Flin Flon, MB
78 Main St. Flin Flon, MB

Pembina Valley, MB
324 Cargill Rd. Winkler, MB

ADULT & TEEN CHALLENGE BRITISH COLUMBIA

Cranbrook Community Office
2324 2nd St S, Cranbrook, BC

Williams Lake Community Office
41 1st Ave S, Williams Lake, BC

Penticton Community Office
2592 Skaha Lake, Penticton, BC

*For more information regarding Teen Challenge 12-month *inpatient* programs across Canada see **page 46 & 47**.

TEEN CHALLENGE CANADA

NATIONAL BOARD



IRENE PFEIFFER, C.M.
Board Chair
CALGARY, AB



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Secretary/Treasurer
TORONTO, ON



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TORONTO, ON



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ST JOHN'S, NL



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PREECEVILLE, SK



BARRY SLAUENWHITE
Director
LONDON, ON



JONATHAN LEWIS
Director
HALIFAX, NS



BRENT LARSEN
Director
OKLAHOMA CITY, OK



BRAD GRAHAM
Director
CALGARY, AB

OTHER TEEN CHALLENGE CENTRES ACROSS CANADA

ADULT & TEEN CHALLENGE BRITISH COLUMBIA



Surrey Women's Centre
19465 16 Ave
Surrey, BC V3Z 9V2

DIRECTOR: Wendy Townsend
wtownsend@teenchallengebc.com



Chilliwack Men's Centre
4166 Eckert Street
Chilliwack, BC V2R 5J6

DIRECTOR: Suzanne Jones
sjones@teenchallengebc.com



Okanagan Men's Centre
4550 Glenmore Road North
Lake Country, BC V4V 1L7

DIRECTOR: Grace Absolom
gabsolom@teenchallengebc.com

IF YOU OR SOMEONE YOU KNOW NEEDS HELP, PLEASE CALL ...

Men's Admissions Inquiries
778.401.9110

Women's Admissions Inquiries
778.726.2303

TEEN CHALLENGE CANADA CENTRE INFORMATION

PRAIRIE REGION

Teen Challenge Alberta Men's Centre – PO Box 24010 RPO Evergreen, Calgary, AB T2Y 0J9
PHONE: 403.931.3501 TOLL FREE: 1.800.856.8902 DIRECTOR: Chantel Paris

Teen Challenge Saskatchewan Men's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.257.3325 TOLL FREE: 1.877.396.9152 DIRECTOR: Zach Drew

Teen Challenge Prairie Hope Women's Centre – PO Box 21111, Saskatoon, SK S7H 5N9
PHONE: 306.225.2213 TOLL FREE: 1.866.663.7060 DIRECTOR: Robyn Arcand

ONTARIO REGION

Teen Challenge Ontario Men's Centre – Lambeth Box 777, London, ON N6P 1R6
PHONE: 519.652.0777 TOLL FREE: 1.888.417.7777 DIRECTOR: Chuck Butler

Teen Challenge Ontario Women's Centre – PO Box 100, Stn Main, Aurora, ON L4G 3H1
PHONE: 905.727.3913 TOLL FREE: 1.877.979.7770 DIRECTOR: Jennifer Hay

Teen Challenge Northern Ontario Men's Centre – PO Box 20012 RPO East End, Sault Ste. Marie, ON P6A 6W3
*Relocating to Sudbury, ON; for media release and more information see page 38 & 39

Teen Challenge Eastern Ontario Men's Centre – PO Box 61 Stn Main, Renfrew, ON K7V 4A2
PHONE: 343.361.1011 TOLL FREE: 1.877.568.8282 DIRECTOR: Peter Kunst

ATLANTIC REGION

Teen Challenge Atlantic Men's Centre – PO Box 911, Moncton, NB E1C 8N8
PHONE: 506.758.2377 TOLL FREE: 1.800.965.7170 DIRECTOR: Kent Carter

Teen Challenge Atlantic Hope Women's Centre – PO Box 8713 Stn 'A', St John's, NL A1B 3T1
PHONE: 709.781.7118 TOLL FREE: 1.866.968.9450 DIRECTOR: Elizabeth Pearcey

ADULT & TEEN CHALLENGE OF CENTRAL CANADA INC.



Brandon Women's Centre
Site 325, Box 24, RR 3
Brandon, MB R7A 5Y3



Thunder Bay Men's Centre
PO Box 10443
Thunder Bay, ON P7B 6T8



Denare Beach Men's Centre: Freedom Outreach
PO Box 271
Denare Beach, SK S0P 0B0



Winnipeg Men's Centre
414 Edmonton Street
Winnipeg, MB R3B 2M2



Thunder Bay Women's Centre: Hope House
107 Johnson Avenue
Thunder Bay, ON P7B 2V9



Steinbach Men's Centre
73 Westview Drive
Steinbach MB R5G 0T2

IF YOU OR SOMEONE YOU KNOW NEEDS HELP...

1.888.822.9992 | info@teenchallenge.tc | www.teenchallenge.tc

TEEN CHALLENGE QUÉBEC



Défi-Jeunesse Québec
878 rang Saint-Francois, Lotbinière, Québec G0S 1S0
DIRECTOR: Ronald Lussier | info@defijeunesse.org

SI VOUS OU QUELQU'UN QUE VOUS CONNAISSEZ AVEZ BESOIN D'AIDE, VEUILLEZ APPELER ... Province of Québec - 1.888.796.2137

(Centres indicated are 12-month core program facilities)

2023

TEEN CHALLENGE CANADA

IMPACT REPORT

“Demonstrating God’s love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives.”

EVERY DAY



Celebrating
50 YEARS
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— 1973 - 2023 —

TEEN CHALLENGE CANADA INC.
Lambeth Box 777, London, ON N6P 1R6
1 (888) 417-7777 www.teenchallenge.ca



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