



TEEN CHALLENGE CANADA
**IMPACT
REPORT**
2024
ANNUAL UPDATE

[TEENCHALLENGE.CA](https://teenchallenge.ca)

WE EXIST TO HELP & SUPPORT THOSE STRUGGLING WITH SUBSTANCE ADDICTION!

A LETTER FROM THE EDITOR

Welcome to our 2024 Impact Report, a reflection of Teen Challenge Canada’s mission, and our efforts to bring hope, freedom, and transformation to individuals and families impacted by substance addiction.

As we mark over 50 years of ministry, we celebrate the lives changed through God’s grace and the dedication of our community of supporters. We are humbled by the stories of transformation we witness—men and women who once felt hopeless now living in freedom with renewed purpose and faith.

The challenges of substance addiction in Canada are vast, yet through our Christ-centered, 12-month program, we witness the power of restoration and healing daily. This report not only highlights the pressing need for recovery services but also shines a light on the incredible work being done at our centres. From personal stories of resilience to measurable program outcomes, every page reflects the impact of your prayers, generosity, and partnership.

This past year has been one of growth and strengthened resolve. We have expanded our reach, introduced new initiatives to support families, and deepened our commitment to long-term recovery because of God’s faithfulness and the unwavering support of people like you.

Whether you are a long-time supporter or exploring Teen Challenge Canada for the first time, we invite you to join us in this life-changing mission. Together, we are bringing healing and hope, one life at a time.



Scan QR Code to download a shareable Impact Report

SELECTED CONTENT

- Leadership Pg. 5 & 6
- Program & Ministry Statistics Pg. 20 & 21
- Recovery Model & Elements of the Teen Challenge Canada Program Pg. 22-39
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MISSION & CORE VALUES

OUR MISSION STATEMENT ...

To demonstrate God's love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives.

OUR CORE VALUES ...

We Are Christian

We believe that God is the catalyst for change in people with substance addiction.

We Are Committed to Those in Addiction

We believe that a balance of love, accountability, and training are required to prepare an individual for successful re-entry into society.

We Value All People

We are all created in the image of God.

We Are Stewards

We are committed to managing wisely all resources entrusted to us, recognizing that we are ultimately accountable to God.

There Is Hope!

Substance addiction can be permanently overcome!

A MESSAGE FROM THE CEO

Jesus said, “The thief comes only to steal and kill and destroy.” (John 10:10a NIV)

Substance addiction is one of the thief’s most devastating weapons, robbing people of hope and dignity, and destroying lives. Since 2016, more than 50,000 Canadians have died from opioid overdoses alone—the Canadian addiction crisis literally touches every community across our Nation. Yet, the second half of that verse holds the promise: **“I have come that they may have life and have it to the full.”** (John 10:10b NIV)

At Teen Challenge Canada, we see this promise fulfilled daily. Our Christ-centered recovery program goes beyond breaking addiction; it transforms lives! It’s not just about behaviour change but about heart change. Through faith in Jesus Christ, men and women are finding freedom, healing, and restoration from the grip of substance abuse.



Glen Smeltzer

Over the past several years, we’ve focused on expanding our capacity to meet the growing need. In 2024, we strengthened our intake process and trained staff in trauma-informed care, ensuring we serve people with excellence and compassion. In 2025, we will deepen our spiritual formation efforts and enhance our ‘Ongoing Care’ program to help those who leave our program remain supported and substance-free.

Recovery is a journey that requires time, commitment, and a strong support system. At Teen Challenge Canada, we walk alongside each individual, providing not just treatment, but discipleship, mentorship, and a renewed sense of purpose. Addiction is not just a personal battle; it affects families, workplaces, and entire communities. When one life is transformed, the ripple effect can bring healing to many.

None of this is possible without you. Those who need our program most are often the least able to afford it. Your prayers, generosity, and encouragement sustain this vital work. Together, we are seeing lives restored, families united, and hope brought to communities across Canada.

Glen Smeltzer
CEO, Teen Challenge Canada

A MESSAGE FROM THE BOARD CHAIR

As we reflect on another year of impact at Teen Challenge Canada, our commitment to bringing hope and healing to those battling addiction remains unwavering. This past year, we have seen lives transformed, families restored, and communities strengthened through the power of faith-based recovery.

With substance addiction continuing to devastate lives across Canada, the need for compassionate, effective treatment has never been greater. Every day, individuals struggling with addiction walk through the doors of our centres, seeking not just sobriety, but true transformation. Our approach is deeply rooted in Christian principles, equipping men and women with the tools to rebuild their lives and find lasting freedom in Christ.



Irene E. Pfeiffer, CM

One of the greatest strengths of Teen Challenge Canada is the dedication of our staff—many of whom are graduates of our program. Their firsthand experience with addiction and recovery makes them powerful mentors, walking alongside our clients with empathy and conviction. Their work is a testament to the effectiveness of our ministry.

As we look to the coming year, we remain steadfast in our mission. We continue to expand our reach, enhance our programs, and build partnerships to better serve those in need. None of this would be possible without the faithful support of our donors, churches, and communities, whose generosity and prayers sustain this vital work and allow us to serve even more individuals in need.

On behalf of the Board of Directors, thank you for your prayers, generosity, and unwavering belief in the mission of Teen Challenge Canada. Together, we offer hope and freedom, while witnessing incredible transformations in the lives of those we serve.

Irene E. Pfeiffer, CM
National Board Chair

OUR NATIONAL BOARD

Demonstrating God's love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives.



Irene E. Pfeiffer
President, Moorgate Holdings
& former Partner & Co-Founder,
PWR Search



Garth Jestley
Vice Chairman,
Middlefield Group



Beverly Muir
Retired School Principal,
& Board of Governors,
Tyndale University



Ivan Butler
Retired Owner / Founder / President,
Metal World Inc., Cahill Fabrication



Glenn Rowe
Emeritus Professor of
Strategic Management, Ivey
Business School, Western University



Drew Byers
Chair & Risk Consultant,
Butler Byers Insurance



Rev. Devin Seghers
Pastor, Trauma Researcher
& Educator



Dr. Barry Slauenwhite
Employment Engagement Specialist,
Best Christian Workplaces



Jonathan Lewis
President & Founder,
Eastport Financial Group



Brent Larsen
President & CEO,
Steep Hill Equipment Solutions



Brad Graham
Retired Owner, Energy Industry



Doug Romanuk
Sr. Vice President,
Bison Transport Ltd.

2024 BOARD MEETINGS

April 3, 2024 – Virtual Meeting
June 25/26, 2024 – Moncton/Memramcook, NB

September 4, 2024 – Virtual Meeting
November 4/5, 2024 – Toronto/King City, ON

AUDIT & FINANCIAL COMMITTEE

March 26, 2024 & June 17, 2024

Scan QR Code
to visit our
Financials page



STATE OF ADDICTION IN CANADA

Substance addiction is a pervasive and urgent issue that is deeply impacting thousands of individuals, families, and communities across Canada.

Every year, more than 73,000 lives are lost to substance-related deaths, underscoring the critical need for effective and compassionate recovery solutions. This crisis affects Canadians from all walks of life and regions, and addressing it requires a united and multifaceted response.

In 2023, the opioid crisis continued to devastate communities, with over 8,480 apparent opioid-related deaths, an increase from the previous year. Fentanyl, a potent synthetic opioid, was involved in 81% of these deaths, further highlighting the urgent need for intervention and support. Alcohol remains a leading cause of preventable deaths in Canada, contributing to approximately 15,000 fatalities annually.

The complexity of addiction is growing, with increasing challenges linked to homelessness, mental health struggles, and the toxic drug supply. These overlapping crises make the journey to recovery even more difficult, leaving many individuals trapped in a cycle of addiction and despair.

At Teen Challenge Canada, we are committed to confronting this crisis head-on. Our faith-based, 12-month, in-residence recovery program is designed to provide a pathway to freedom from addiction while restoring families and strengthening communities.

With eight centres across the country, we offer comprehensive support tailored to meet the diverse needs of those struggling with addiction. As CEO, Glen Smeltzer affirms, *“Addiction is more than physical dependency—it’s also a complex interplay of mental, emotional, and spiritual struggles. Recovery is about restoring hope and building a foundation for lasting change.”*



Scan QR Code for more drug stats & resources



NATIONAL STATS



Since 2015, opioid poisonings have **accounted for more deaths in Canada than motor vehicle accidents.**

www.ccsa.ca/module/stigma-learning-module-2-en



Between 2016–2024 Canada recorded **almost 50,000 deaths from fentanyl.**

www.aljazeera.com/news/2024/12/23/canada-records-almost-fifty-thousand-deaths-from-fentanyl-since-two-thousand-sixteen



Alcohol is the leading cause of preventable death in Canada. Alcohol consumption in Canada is associated with approximately 15,000 preventable deaths (including 7,000 cancer deaths) and 90,000 preventable hospital admissions every year.

www.cbc.ca/news/politics/tasker-canada-alcohol-problem-health-warning-labels-1.6850180



There was an average of **17.7 hospitalizations per day due to life-threatening opioid-related poisonings in Canada.**

www.health-infobase.canada.ca/substance-related-harms/opioids-stimulants



Of all accidental apparent opioid toxicity deaths in 2024, **81% involved fentanyl.**

www.health-infobase.canada.ca/substance-related-harms/opioids-stimulants



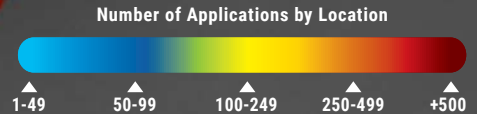
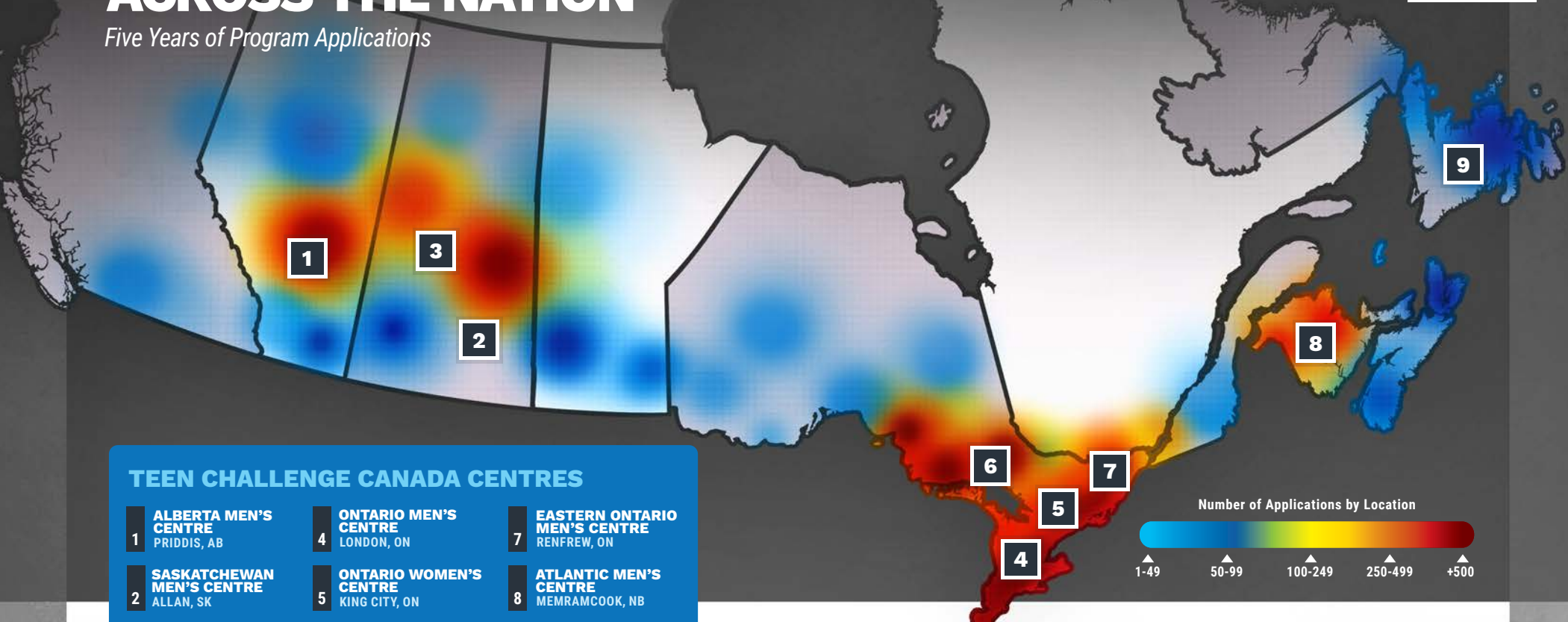
In 2024, there was an average of **21 apparent opioid-related deaths per day.**

www.montreal.citynews.ca/2024/12/24/opioid-crisis-canada-quebec-numbers-2024-new-reports

IMPACTING CANADIANS ACROSS THE NATION

Five Years of Program Applications

Scan QR Code for detailed contact info for other Teen Challenge organizations across Canada.



TEEN CHALLENGE CANADA CENTRES

- | | | |
|--|--|--|
| 1 ALBERTA MEN'S CENTRE
PRIDDIS, AB | 4 ONTARIO MEN'S CENTRE
LONDON, ON | 7 EASTERN ONTARIO MEN'S CENTRE
RENFREW, ON |
| 2 SASKATCHEWAN MEN'S CENTRE
ALLAN, SK | 5 ONTARIO WOMEN'S CENTRE
KING CITY, ON | 8 ATLANTIC MEN'S CENTRE
MEMRAMCOOK, NB |
| 3 PRAIRIE HOPE WOMEN'S CENTRE
HAGUE, SK | 6 NORTHERN ONTARIO MEN'S CENTRE
SUDBURY, ON <small>RELOCATING</small> | 9 ATLANTIC HOPE WOMEN'S CENTRE
ST. JOHN'S, NL |

The above heat map represents the past five years and more than 5,000 adults who have taken the first step toward freedom by applying to Teen Challenge Canada's 12-month, faith-based addiction recovery program.

Each application represents a life in need, and from the moment an individual reaches out, our admissions team ministers, encourages, and offers assistance—what we call 'pre-care.' Even though only about 40% of applicants move forward—due to incarceration, pregnancy, hospitalization, or not being ready to commit—our team continues to provide support, encouragement and guidance, for individuals and their loved ones, directing them toward local resources to assist in their recovery journey.

For those who enter our program, whether they complete the full 12 months or not, each day at a Teen Challenge Canada centre is a victory. Every day that a client experiences the love and forgiveness of Jesus Christ, develops healthy habits, gains life skills and education, receives addiction counselling, and is surrounded by a loving faith-based community, is a step toward transformation. Over five years, out of the 5,000+ who applied, 2,000+ individuals have been served, and 353 graduated, returning to their families and communities with the tools and faith needed to walk free from addiction. Whether through pre-care, partial program completion, or graduation, each life represents a story of hope, healing, and transformation. For admission information, go to ...

www.teenchallenge.ca/get-help

FROM THE FIELD ...

Teen Challenge Canada's centres are more than places of recovery—they are beacons of hope responding to the unique addiction challenges faced in each province.

Every centre is rooted in the community it serves, offering a safe place of refuge where men and women can find healing and restoration. At the heart of our program are the dedicated staff who walk alongside our clients every step of the way. Their commitment, compassion, and unwavering faith create an environment where transformation is possible. As addiction affects lives across the country, our centres stay committed to lasting recovery—one life at a time.

PRAIRIE REGION



ALBERTA MEN'S CENTRE

Location: Priddis, AB **Director:** Kimberly Selders
Number of Program Beds: 30 **Year Opened:** 2004



SASKATCHEWAN MEN'S CENTRE

Location: Allan, SK **Director:** Chris Randall
Number of Program Beds: 24 **Year Opened:** 2005



PRAIRIE HOPE WOMEN'S CENTRE

Location: Hague, SK **Director:** Robyn Arcand
Number of Program Beds: 26 **Year Opened:** 2019

ATLANTIC REGION



ATLANTIC MEN'S CENTRE

Location: Memramcook, NB **Director:** Kent Carter
Number of Program Beds: 28 **Year Opened:** 2006



ATLANTIC HOPE WOMEN'S CENTRE

Location: St. John's, NL **Director:** Elizabeth Pearcey
Number of Program Beds: 8 **Year Opened:** 2019

ONTARIO REGION



ONTARIO MEN'S CENTRE

Location: London, ON **Director:** Chuck Butler
Number of Program Beds: 60 **Year Opened:** 1990



ONTARIO WOMEN'S CENTRE

Location: King City, ON **Director:** Jennifer Hay
Number of Program Beds: 26 **Year Opened:** 2008



EASTERN ONTARIO MEN'S CENTRE

Location: Renfrew, ON **Director:** Misheck Muzanhamo
Number of Program Beds: 16 **Year Opened:** 2021



NORTHERN ONTARIO MEN'S CENTRE

Original Location: Sault Ste. Marie, ON **Relocation:** Sudbury, ON

*For more information, go to www.teenchallenge.ca/nomc-relocation-update

When we asked staff from our local centres what to pray for ...

PRAY FOR OUR CLIENTS on their journey of recovery but also of reconciliation with loved ones. Lord, may You bring true freedom, while softening hearts, restoring broken relationships, and bringing healing where there has been hurt and division.

PRAY FOR THE DAILY NEEDS OF OUR CENTRES including food donations and financial support. Lord, we trust You as our provider and ask that You continue to make a way for generous hearts to give and support our ministry to meet our needs.

PRAY FOR OUR STAFF ACROSS THE COUNTRY that they would be renewed with strength and resilience each day. Lord, refresh their spirits and fill them with hope as they serve tirelessly to help others find freedom and transformation in Christ.

PRAY FOR THE FAMILIES OF THOSE IN ADDICTION that they would find peace, strength, and hope. Lord, comfort them in their pain, guide them in their support, and restore their trust in the process of healing.

PRAY FOR OUR GRADUATES AND THOSE WHO LEFT OUR PROGRAM that they would stay strong in their recovery. Lord, surround them with support, encouragement, and a community that uplifts them.

2024 GRADUATES

ACROSS OUR EIGHT CENTRES: OUR 12-MONTH PROGRAM GRADUATES

CONGRATULATIONS!

TEEN CHALLENGE CANADA GRADUATES



DARREN P. Carbery, MB
BRENDAN M. Prince Albert, SK
MATTHEW S. Regina, SK
KRISTOPHER E. Calgary, AB
JAIME B. Edmonton, AB
JONATHON F. Plaster Rock, NB



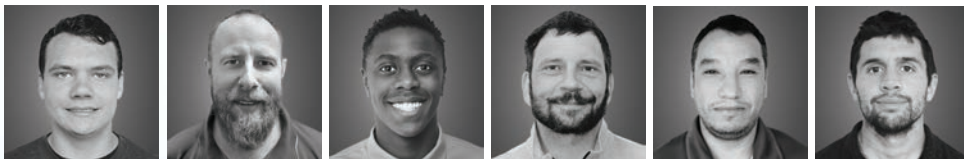
TERRY S. Regina, SK
JASON B. Mississauga, ON
JARED H. Fredericton, NB
OAKLEN N. Saskatoon, SK
JESSICA C. Toronto, ON
FRANK M. Hamilton, ON



MATTHEW B. Edmonton, AB
DAVID C. Toronto, ON
DJEON H. Calgary, AB
DAVID T. Brampton, ON
DARRYL C. Richmond Hill, ON
RILEY J. Winnipeg, MB



MACKENZIE W. Halifax, NS
STEVE Y. Hamilton, ON
JESSE L. Edmonton, AB
RUSSELL S. Pakenham, ON
KARINA T. St Thomas, ON
MELISSA M. Hamilton, ON



CONNOR S. Toronto, ON
PETER P. St Anthony, NL
Hudson V. Haiti
MARVIN C. Lethbridge, AB
KRISTOPHER P. Edmonton, AB
BRIAN T. Welland, ON



DANIEL F. Eritrea, East Africa
REBEKKA L. Edmonton, AB
JAMES H. Ottawa, ON
THOMAS R. London, ON
JOHN N. High Level, AB
DEVON R. Saskatoon, SK



TAMARA B. Prince George, BC
TRAVIS N. London, ON
CASSIE G. Amherst, NS
SUE T. Lochaber, NS
GABRIEL G. Ottawa, ON
PAGE N. Saskatoon, SK



RYAN B. Guelph, ON
HELDER D. Azores, Portugal
BENJAMIN J. St John's, NL
CAMRON A. Charlottetown, PEI
CAITLIN S. Etobicoke, ON
TORIE I. Edmonton, AB



ROBERT G. Hamilton, ON
ANDREW C. Scarborough, ON
KOREY M. Oakville, ON
LAURENCE R. Peterborough, ON
KASHTIN C. Saskatoon, SK
TANIA M. Fredericton, NB



GLORIAN G. Germany
ROBERT H. Brantford, ON
ZACHARY R. Saskatoon, SK
ELYSSA B. Newmarket, ON

A PRAYER FOR OUR GRADUATES ...

*Heavenly Father,
 We thank you for the courage and strength You have given to the 2024 graduates of Teen Challenge Canada.
 We pray for your guidance and protection, that You will help them to stay strong in their journey of recovery.
 We ask that You would provide them with the resources and support they need to stay on the right path
 and to make wise decisions for themselves and their families. Help them to find peace and joy in the days
 ahead and to always remember that You are walking with them each step of the way.*

In Jesus' name, Amen.

PARTNERSHIPS

At Teen Challenge Canada, partnerships are a cornerstone of our mission to bring hope and transformation to individuals struggling with substance addiction.

These partnerships come in many forms—whether through financial gifts, the donation of time and talents, or the use of platforms and influence to spread awareness. We recognize and celebrate each supporter who stands with us in our efforts to help men and women find lasting freedom from addiction. **Together, we are creating lasting change, offering support, and pointing individuals toward a life of purpose and hope in Jesus Christ.**

OUR 2024 PARTNERS ACROSS CANADA

13,628 FINANCIAL SUPPORTERS Their generosity sustains and expands our recovery programs, providing critical resources for those in need.

695 CHURCH PARTNERS Churches across Canada provide spiritual and financial support, offering healing and restoration to individuals in recovery.

440 CHURCH & BUSINESS PRESENTATIONS These presentations raise awareness, educate communities, and inspire action to combat addiction through faith-based recovery.

84 ACTIVE ANNUAL CHARITY MISSION PARTNERS Mission partners extend our reach by providing valuable resources and opportunities that strengthen our impact.

334 EVENT CORPORATE SPONSORS These sponsors cover event costs, ensuring that every dollar raised directly supports our core recovery programs.

4,857 RECURRING SPONSORS Recurring gift sponsors provide reliable funding, helping us plan and ensure consistent care and resources.

1,330 VEHICLE DONATION PARTNERS Used vehicle donations turn unwanted cars, trucks, mini-vans, etc. into valuable resources that fuel recovery.

170 GIK SUPPORTERS Gift-in-kind supporters provide items and services that support our centres and reduce costs, improving the recovery experience.

WORDS FROM OUR SUPPORTERS

FROM A CHURCH PARTNER ...

"Teen Challenge Canada has been an incredible partner with our church. Through their Christ-centered approach, we've seen individuals in our congregation experience true transformation and healing. Their program aligns perfectly with our mission to reach the lost and broken in our community." – *Local Church Pastor*

FROM A RECURRING DONATION 'JOURNEY' SPONSOR ...

"Knowing that my monthly donation helps someone take tangible steps toward addiction recovery is deeply rewarding. Being a sponsor allows me to be part of someone's journey, praying for them and celebrating their victories along the way. It's more than just giving—it's partnering in life-change." – *Journey Sponsor*

FROM AN EVENT DONOR AND ATTENDEE ...

"Attending a Teen Challenge Canada Gala Banquet was eye-opening. Hearing firsthand stories of transformation from clients in recovery made it clear that this ministry is literally changing lives. Supporting them is an investment in hope, families, and brighter futures." – *Gala Banquet Attendee & Donor*

FROM A BUSINESS SUPPORTER ...

"Our company is proud to support Teen Challenge Canada. We believe in their commitment to providing Christian long-term solutions to addiction, and it's inspiring to see the impact they have in the lives of clients and their families. Partnering with them aligns with our values of social responsibility and compassion for those in need." – *Local Business Owner*

FROM A PARENT OF A GRADUATE ...

"Teen Challenge Canada gave my daughter a second chance at life. Before she entered the program, our family was shattered by addiction, and living in fear every day. Today, she's living in sobriety with hope and purpose. I am forever grateful ... I have my daughter back!" – *Parent of a Program Graduate*

Scan QR Code to
Get Involved Today!



FREQUENTLY ASKED QUESTIONS

WHAT DOES PROVIDING SUPPORT TO TEEN CHALLENGE CANADA MEAN?

Support from individuals, churches, businesses, and organizations across Canada allows us to provide life-changing addiction recovery services. Through your financial gifts, prayer, and volunteering at our local centres, we can continue to serve individuals and families battling substance addiction and offer hope and transformation.

WHO DOES TEEN CHALLENGE CANADA HELP AND HOW DO WE SUPPORT THEM?

Teen Challenge Canada is committed to helping adult men and women, who are struggling with substance addiction. We provide a 12-month, in-residence, faith-based recovery program that offers individualized treatment and critical recovery care. Clients pay a one-time fee of \$1,100, and no one is turned away due to financial hardship. Our program addresses substance addiction at its root, focusing on physical, emotional, and spiritual healing. We provide a supportive environment where individuals can rebuild their lives, restore relationships, and discover purpose through faith.

WHAT DOES THE TEEN CHALLENGE CANADA PROGRAM LOOK LIKE?

Our recovery programs offer a structured recovery pathway that includes:

- **Place of Refuge** – Providing a safe, healthy, and supportive environment for recovery.
- **Addiction Counselling** – Offering professional guidance by certified addiction counsellors to address the root causes of addiction.
- **Education & Spiritual Formation** – Encouraging healing, hope, faith in Christ and personal growth through structured classes, Bible studies, discipleship and other character-building courses.
- **Equipping & Life Skills** – Building essential skills for long-term sobriety, employment, healthy relationships, and routines.
- **Pre & Post Care** – Supporting individuals and families during the admission process, throughout the core program, and after graduation through various aftercare programs for continued accountability and growth.

See [pgs 22-23](#) for Teen Challenge Canada's proven recovery model.

WHY IS TEEN CHALLENGE CANADA'S PROGRAM MORE AFFORDABLE THAN OTHER REHABILITATION PROGRAMS?

Teen Challenge Canada does not rely on government funding. Our program is primarily funded by generous community support from individuals, churches, and businesses. This enables us to provide comprehensive recovery services at an accessible cost while maintaining our faith-based approach.

See [pgs 44-47](#) for details on our financial stewardship and commitment to transparency.

HOW DOES TEEN CHALLENGE CANADA ENSURE FINANCIAL INTEGRITY?

We are committed to the highest standards of financial stewardship. Our financial practices are guided by transparency, accountability, and integrity. Every dollar entrusted to us is used to maximize impact and extend our reach to those in need of addiction recovery.

For details, visit www.teenchallenge.ca/financials to view our audited statements.

WHAT SUCCESS STORIES CAN YOU SHARE FROM TEEN CHALLENGE CANADA?

Our graduates are a powerful testament to the transformative impact of our program. Many individuals who once battled severe substance addiction have gone on to rebuild their lives, reconnect with their families, secure meaningful employment, and become active contributors in their communities. Each journey is a story of resilience, faith, and hope. Discover inspiring testimonies of men and women who have found freedom, sobriety, and restoration through Teen Challenge Canada by visiting ...

www.changedlives.ca

HOW CAN I GET INVOLVED WITH TEEN CHALLENGE CANADA?

You can support our mission by:

- **Making a financial donation** – One-time and reliable recurring gifts are life-giving to our ministry, enabling us to provide long-term addiction recovery services and expand our reach across Canada.
- **Get Involved Today** – Assist at a local centre near you, book a speaking team at your church or business, help with fundraising events and more.
- **Praying for our clients and staff** – Your prayers provide strength, encouragement, and spiritual support for those in our programs and the centre staff who serve them.

Write a note to a client or centre staff, at www.teenchallenge.ca/client-encouragement

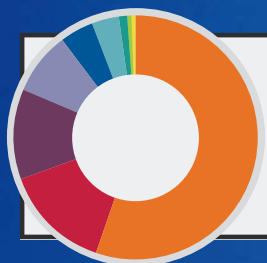
PROGRAM STATS

Teen Challenge Canada remains committed to providing a holistic and Christ-centered approach to addiction recovery, walking alongside individuals at each stage of their journey.

From the initial point of contact through pre-care and admission to the transformative work within our recovery program and the continued support of post-care, each step fosters lasting change. Our 2024 program data highlight key trends in client admissions, program participation, substance use, and post-graduation support. **Behind every statistic is a life transformed, a family restored, and a future rewritten through the power of hope and faith.**

2024 ADMISSIONS STATS

Applications Received	1,309	# of Provinces with Applications	10
Interviews/ Assessments	555	Graduations (incl. Refresher Program)	79
Admissions (Core Program)	454	Admissions (Refresher Program)	21
Applicants with friends/family support	13%	Applicants reporting a co-occurring mental health concern	46.4%



APPLICATIONS BY PROVINCE ...

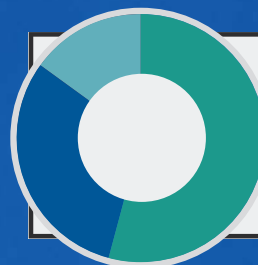
Ontario (ON)	726	Newfoundland and Labrador (NL)	47
Saskatchewan (SK)	185	British Columbia (BC)	15
Alberta (AB)	155	Prince Edward Island (PE)	8
New Brunswick (NB)	110	Quebec (QC)	4
Nova Scotia (NS)	59		

2024 SUBSTANCES OF CHOICE FOR CLIENTS

Alcohol	32%	Cocaine	29%
Cannabis	12%	Opioids	9%
Amphetamines (including Crystal Meth)	17%	Other Sedatives/Depressants	5%

2024 PROGRAM STATS

Average # of days in program	122	Nights of safe shelter provided	15K+
Hours spent in addiction counselling	3,871	Hours spent in work therapy & education	68K+
Average number of clients per week	109	Staff across Canada facilitating core client programming	129
% of former clients who followed up with a Post-Care Associate	65%	Graduates who participated in a Phase4 Program	64



CLIENT WEEKS IN PROGRAM BY PHASE ...

Induction Phase (Month 1-4)	4498 wks
Training Phase (Month 5-8)	2543 wks
Transition Phase (Month 9-12)	1235 wks

Client weeks in program reflect 1,309 voluntary admissions. As participants move through each phase, their stay varies based on dedication to completing the 12-month program.

Building on these program statistics, we can see the profound impact of our Christ-centered approach to addiction recovery. Each number reflects a life, a family and community being supported in a great time of need. **But recovery is more than breaking free from addiction—it's about rebuilding a life with purpose, stability, and faith.**

The Teen Challenge Canada Recovery Model provides the structure and support needed for lasting change. Through spiritual growth, counselling, life skills training, and post-care, individuals gain the tools to rebuild relationships, develop resilience, and move forward with hope.

See pgs 22-39 for information about our "Recovery Model", stories and stats for each of our five essential recovery elements.

RECOVERY MODEL

At Teen Challenge Canada, we believe that recovery is more than just overcoming addiction—lasting sobriety is about embracing a new way of life.

For many, recovery may begin during their 12-month program, but real, lasting sobriety comes as individuals embrace a new life in Christ and daily apply the tools and life skills they have learned. By surrounding themselves with a supportive community, individuals can sustain their sobriety and continue growing in their faith. Our Christ-centered approach is built on a foundation of faith, support, and practical skills, guiding individuals toward long-term transformation. The Teen Challenge Canada

Recovery Model focuses on five essential areas that work together to provide a comprehensive and lasting recovery experience. Each element is designed to address the physical, emotional, and spiritual needs of our clients, ensuring they have the tools they need to live full and meaningful lives while with us in program, or at home with their family and friends.



Teen Challenge Canada's Recovery Model

is a proven pathway to lasting transformation, but recovery is not a straight path. It is a challenging journey filled with ups and downs. **Many clients experience setbacks and choose to return for 6–12-month refresher programs after completing their initial program.** This ongoing commitment reflects their dedication to long-term sobriety and personal growth. At Teen Challenge Canada, we stand with each individual and respective family, providing encouragement and unwavering support, knowing that true recovery requires perseverance and a strong foundation in faith.



PLACE OF REFUGE

Recovery begins in a safe, structured, and supportive environment. Clients find stability, routine, and care, helping them rebuild their confidence and self-worth. While our core program is 12 months, many choose to stay longer, engaging in post-care programs for an additional 6 to 12+ months of continued support.



ADDICTION COUNSELLING

Certified addiction counsellors provide professional support, helping clients address the root causes of their addiction. Through personalized counselling plans and group therapy, individuals uncover their struggles, develop coping skills, and receive emotional support for lasting change.



EDUCATION & SPIRITUAL FORMATION

Clients grow through Bible study, discipleship, and educational training, discovering their identity in Christ and preparing for a meaningful future. They also develop the skills needed to reintegrate with their families, spouses, and children, learning to navigate relationships and life challenges without relying on drugs or alcohol.



EQUIPPING & LIFE SKILLS

Practical skills empower clients to live successful, independent lives. Training includes employment readiness, financial management, and work therapy—where clients gain hands-on experience in various roles. Life skills including dependability, teamwork, and self-control, help clients transition into meaningful employment and productive lives.

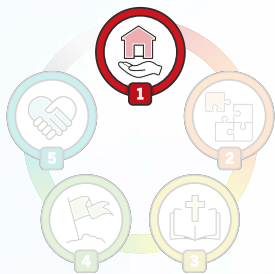


PRE & POST CARE

Recovery doesn't end at graduation—it's a lifelong journey. Our pre and post-care support ensures that individuals and their families receive ongoing encouragement and accountability. From the initial admission process to post-graduate care programs and mentoring, we provide the support needed to transition successfully into a life of purpose and fulfillment.

RECOVERY MODEL

1 PLACE OF REFUGE



Substance addiction creates chaos and strips individuals of stability, dignity, and hope. Many clients arrive at Teen Challenge Canada after years of instability—living on the streets, caught in abusive relationships, or struggling with overwhelming guilt and shame, feeling trapped with nowhere to turn.

Substance dependency often leads to cycles of loss, including broken relationships, financial hardship, and declining health. It robs individuals of their identity, leaving them feeling isolated, hopeless, and disconnected from those they love. A crucial first step in the recovery journey is providing a safe, structured, and supportive environment where individuals can rebuild their lives with dignity. Teen Challenge Canada offers more than just shelter; it provides a substance-free place of refuge where individuals can escape the triggers and temptations that have defined their past, focusing instead on healing and restoration. This environment includes healthy meals to restore physical health, consistent routines to build self-discipline, and a Christ-centered atmosphere that fosters peace, faith, and hope. Through personalized support and faith-centered guidance, clients develop emotional stability, practical skills, and renewed confidence—embracing a future grounded in purpose, strength, and the hope of lasting restoration.

A PLACE OF REFUGE IS MORE THAN JUST SHELTER—IT'S WHERE HEALING BEGINS, HOPE IS RESTORED, AND TRANSFORMATION BECOMES POSSIBLE.

2024 PLACE OF REFUGE STATS

250K+

HEALTHY MEALS
PER YEAR

15K+

NIGHTS OF SAFE
SHELTER

218

PROGRAM BEDS
ACROSS CANADA

WHY PROVIDE “A PLACE OF REFUGE”?

Providing a safe place to heal is foundational to recovery. Without a secure environment, the constant exposure to stress, triggers, and toxic relationships can sabotage progress. Teen Challenge Canada centres offer a substance-free place of refuge where clients are given the necessary time and space to begin addressing the root causes of their addiction. This nurturing setting allows them to focus on their physical, emotional, and spiritual well-being, laying the groundwork for long-term transformation. It is within this refuge that hope is rekindled, and individuals begin to believe that change is truly possible.

THANK YOU!

To our donors who are passionate about funding Teen Challenge Canada as a place of refuge, thank you! Because of you, individuals struggling with addiction are welcomed into a safe and loving environment where they can escape the chaos of their past and begin healing. Your contributions provide the essentials—meals, shelter, and stability—allowing clients to focus on their recovery. More importantly, your support offers hope and restoration, empowering individuals to embrace a new life filled with purpose and faith.

To read Rick's* story, go to pgs 26-27





RICK'S STORY

FINDING REFUGE AND RENEWAL

Rick* was a successful professional in the radio industry with a six-figure income, a stable home, and a family.

However, his life spiraled into addiction, and he lost everything—his career, relationships, and financial security. With nowhere else to turn, Rick came to Teen Challenge Canada, seeking refuge from the chaos of addiction. Arriving at a local centre, he felt a sense of relief he hadn't known in years. For the first time, he was in a place where people did not judge him because of his past. **"The staff were there to help me get better and to encourage me. It was almost instant that my fear lessened,"** Rick recalls.

Teen Challenge Canada provided Rick with more than just shelter; it offered him a true substance-free refuge where he didn't need to worry about where his next meal was coming from, allowing him to focus on his recovery. Many who enter the program are so consumed by their addiction that they neglect their health and well-being. Rick arrived at the centre with nothing but the clothes on his back, a stark reminder of how addiction strips away dignity and self-care. Here, he found the essentials—food, shelter, and compassionate support—that helped him begin the journey of unpacking his trauma and focusing on healing.

"THE STAFF WERE THERE TO HELP ME GET BETTER AND TO ENCOURAGE ME. IT WAS ALMOST INSTANT THAT MY FEAR LESSENERD."

As Rick immersed himself in the program's healthy and loving environment, he experienced profound change. His body grew stronger, his mind became clearer, and his spirit began to blossom. **"Addiction removes your ability to choose,"** he reflects, but at Teen Challenge Canada, he rediscovered his power to make positive choices and embrace a new way of life.

Through the program's focus on addressing the whole person—body, mind, and spirit—Rick found a new sense of purpose and identity. He learned to lean on faith, finding strength in God's grace and the unwavering support of the Teen Challenge community.

The structured, distraction-free environment allowed him to confront his struggles without the temptations of his former life.

Recovery was not an easy journey, but Rick committed to the process. He learned to trust again, not only in himself but in the people who surrounded him. Group sessions, mentorship, and daily reflections helped him confront the pain of his past. Slowly, he started to rebuild his confidence and found meaning in helping others. As he progressed through the program, Rick discovered a passion for ministering to others who were lost in addiction. He realized that sharing his story could provide hope to those who felt as hopeless as he once did.

"I LOST MY JOB, I LOST EVERYTHING. I WAS OUT ON THE STREETS, SICK ALL THE TIME, AND IT WAS TOO MUCH. SO, I CALLED TEEN CHALLENGE [CANADA]."

Today, Rick is a transformed man. He is now studying to become a licensed minister, using his experiences to inspire and guide others on their recovery journeys. **"I lost my job, I lost everything. I was out on the streets, sick all the time, and it was too much. So, I called Teen Challenge [Canada],"** says Rick. The refuge he found gave him the foundation to rebuild his life and discover his true calling. 🏡

Teen Challenge Canada truly is a place of refuge for those seeking to break free from the chains of addiction. It offers not just recovery, but renewed hope and lasting transformation.

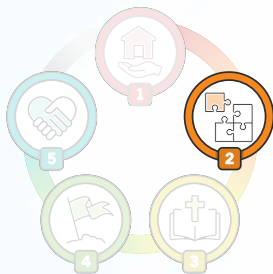
***Note:** 'Rick' is a pseudonym, and some details of his story have been altered to protect his privacy.



RECOVERY MODEL

2

ADDICTION COUNSELLING



Substance addiction is more than a habit; it is a deeply rooted issue that affects every aspect of a person's life—physically, emotionally, and spiritually. Many individuals trapped in addiction struggle with feelings of guilt, shame, and hopelessness, often believing they are beyond redemption or incapable of change.

Individuals struggling with substance addiction have often tried and failed multiple times to break free on their own, leaving them feeling discouraged and powerless.

Teen Challenge Canada provides professional, Christian-based addiction counselling to help individuals understand the underlying causes of their addiction and develop the tools they need for long-term recovery, offering them a fresh start.

Through individualized and group counselling sessions, clients learn to identify triggers, address past trauma, and build healthy coping strategies essential for lasting freedom. Counsellors walk alongside clients, providing a compassionate and structured approach that encourages honesty, self-reflection, and accountability. This Christ-centered approach offers not just practical solutions but also the hope of renewal and transformation, helping individuals reclaim their identity and embrace a future filled with purpose and possibility.

ADDICTION COUNSELLING IS NOT JUST ABOUT BREAKING HABITS; IT'S ABOUT BREAKING CHAINS AND FINDING TRUE FREEDOM IN CHRIST.

2024 ADDICTION COUNSELLING STATS

9

CERTIFIED
ADDICTION
COUNSELLORS
ACROSS CANADA

3,871

OF ADDICTION
COUNSELLING
HOURS CLIENTS
RECEIVED IN 2024

475

CLIENTS RECEIVED
ADDICTION
COUNSELLING
IN 2024

WHY PROVIDE ADDICTION COUNSELLING?

Addiction counselling is a vital part of the recovery journey. Without addressing the root causes of addiction, lasting freedom can be difficult to achieve. Teen Challenge Canada's counselling services help individuals break the cycle of addiction by providing the necessary tools, support, and faith-based encouragement to navigate their recovery successfully.

With professional and compassionate counsellors guiding each step, clients can experience true healing and transformation—mentally, emotionally, and spiritually. Counselling provides the clarity and confidence needed to move forward into a new, substance-free life.

THANK YOU!

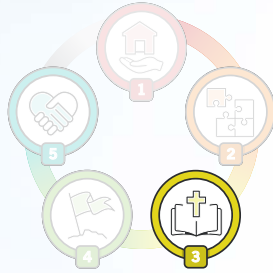
We are deeply grateful to those who help fund Teen Challenge Canada's addiction counselling services. Because of you, individuals struggling with addiction are receiving the guidance and support they need to confront their past and embrace healing. **Your contributions provide the tools, support, and encouragement necessary to break free from addiction and find hope and purpose in a new life.**



RECOVERY MODEL

3

EDUCATION & SPIRITUAL FORMATION



True recovery is not just about overcoming substance addiction; it requires equipping individuals with the knowledge, skills, and spiritual foundation to build a fulfilling life.

Teen Challenge Canada’s Christian education and spiritual formation curriculum provides a comprehensive approach that nurtures both intellectual growth and spiritual development. Through structured classes, Bible studies, and discipleship programs, clients gain practical knowledge, develop essential life skills, and deepen their faith in Christ. The program introduces clients to Jesus Christ, helping them understand the transformative power of a personal relationship with Him—offering hope, healing, and a renewed sense of purpose. They are guided in their daily walk with Christ through discipleship and learning to apply biblical principles to real-life situations. Additionally, the curriculum covers practical topics such as financial literacy, resume building, and communication skills, empowering clients to reintegrate successfully into society. This holistic approach fosters lasting personal transformation, equipping individuals to navigate life beyond addiction with confidence and purpose.

EDUCATION AND SPIRITUAL FORMATION EMPOWER INDIVIDUALS TO FIND PURPOSE, EMBRACE FAITH, AND BUILD A FUTURE FILLED WITH HOPE.

2024 EDUCATION & SPIRITUAL FORMATION STATS

17

EDUCATION & SPIRITUAL FORMATION STAFF ACROSS CANADA

83%

OF CLIENTS FULLY PARTICIPATED AND COMPLETED THEIR EDUCATION STUDIES

1,308

AN AVERAGE # OF HOURS / WK CLIENTS ARE IN EDUCATION & FORMATION CLASSES

WHY EDUCATION & SPIRITUAL FORMATION?

Education and spiritual formation are crucial elements of recovery. Without knowledge, life skills, and a strong faith foundation, individuals are at risk of falling back into old patterns. Teen Challenge Canada provides a structured environment where clients can gain the tools they need to succeed in life beyond addiction. Through education, they acquire essential skills for employment and daily living, and through spiritual formation, they develop a deeper connection with God, leading to lasting change and fulfillment.

THANK YOU!

We are thankful for the many donors that support Teen Challenge Canada’s Christian Education and Spiritual Formation program. Your generosity provides individuals with the opportunity to grow intellectually and spiritually, equipping them for a brighter future. Because of your support, lives are being transformed, and individuals are stepping into their God-given potential with confidence and hope.

To read Melissa’s* story, go to pgs 32-33.





MELISSA'S STORY

PURPOSE THROUGH CHRISTIAN EDUCATION

Melissa* entered the Teen Challenge Canada program with little hope for the future. In her mind, this was her last try. Her years of substance abuse had left her feeling lost and without direction.

She had tried multiple rehabilitation programs, each time feeling the weight of failure pressing down on her. However, her experience in the Teen Challenge Canada program was different. Here, she found more than just recovery—she found grace, guidance, and a renewed sense of identity in Christ.

The structured program helped Melissa develop healthy habits, starting each morning with devotionals. Rising at a regular time to connect with God became a source of strength and stability. *"I was excited to start my relationship with God over and grow in that,"* Melissa recalls. The daily rhythm of spiritual formation, combined with the opportunity to complete her high school equivalency, gave her a fresh sense of purpose.

"WHEN YOU FIND YOUR IDENTITY IN CHRIST, THEN YOUR IDENTITY IS NO LONGER IN SHAME AND TRAUMA."

Through daily Bible studies and one-to-one mentorship, Melissa discovered her true worth. For the first time, she understood that her identity was no longer tied to the shame and trauma of her past but rather rooted in Christ. *"When you find your identity in Christ, then your identity is no longer in shame, trauma or the drugs you choose,"* she shares.

This realization allowed her to break free from the chains of addiction and embrace a new way of life.

The discipleship component of the program played a crucial role in Melissa's journey. It helped her reshape her mindset, reform her character, and establish healthy patterns she continues to rely on today. *"Learning how to live for Christ really helped me mature, and form patterns in my life that I still use today,"* she says.

Reflecting just weeks before her graduation, Melissa expressed that at Teen Challenge [Canada], it felt like coming home. *"It felt like I received everything my soul needed—everything I was looking for that the world couldn't provide,"* she reflects. The blend of education and spiritual growth provided her with the tools needed to rebuild her life and step into her God-given purpose.

"IT FELT LIKE I RECEIVED EVERYTHING MY SOUL NEEDED—EVERYTHING I WAS LOOKING FOR THAT THE WORLD COULDN'T PROVIDE."

Today, Melissa is thriving. She has successfully restored relationships with her family and is actively involved in her local church, using her experiences to inspire other women. She has also begun sharing her testimony at church small groups, hoping to show others that transformation is possible. *"It is a work of grace; putting faith in Jesus is what it takes,"* she acknowledges. With each conversation and act of service, Melissa continues to walk in the purpose she once thought was lost, proving that recovery is not just about breaking free but about stepping into a life of hope and meaning. ➤

Teen Challenge Canada's education and spiritual formation programs not only equip individuals with practical skills but also offer a path to lasting transformation through faith. Melissa's story is a testament to the power of God's grace in overcoming substance addiction and discovering a life filled with hope and purpose.

***Note:** 'Melissa' is a pseudonym, and some details of her story have been altered to protect her privacy.



RECOVERY MODEL

4

EQUIPPING & LIFE SKILLS



Recovery is not just about overcoming addiction; it's about equipping individuals with the practical skills they need to thrive every day.

As part of its core 12-month program, Teen Challenge Canada provides clients with hands-on opportunities to develop essential life skills that foster responsibility, self-discipline, and confidence, preparing them for a stable and meaningful future.

Many clients arrive with robust skills and talents they once used to support their families and loved ones before addiction took hold of their lives. At Teen Challenge Canada, they can revisit those abilities in a new, meaningful way—serving their fellow clients and sharing their expertise. From former police officers and red-seal chefs, to town mayors and tradespeople, clients from all walks of life contribute their talents to guide, train, and inspire others in work therapy. This dynamic not only enhances skill development but also fosters a sense of purpose and belonging within a centre community.

Through work therapy opportunities in areas such as the kitchen, janitorial services, landscaping, maintenance, and more, clients learn valuable skills that prepare them for life beyond the program. These practical experiences teach clients the importance of hard work, teamwork, and serving others, fostering a mindset shift from selfishness to selflessness. In addiction, individuals often develop a survival mentality, focused solely on their next “fix”. In recovery, they learn the joy of contributing to a community.

EQUIPPING AND LIFE SKILLS TRAINING EMPOWERS INDIVIDUALS TO SERVE, LEAD, AND EMBRACE A FUTURE WITH PURPOSE AND DIGNITY.

2024 EQUIPPING & LIFE SKILLS STATS

64

CLIENT LIFE AND FRONT-LINE STAFF WORKING ALONGSIDE OUR CLIENTS ACROSS CANADA

1,308

AVERAGE CLIENT WORK THERAPY HOURS PER WEEK IN 2024

426

MEN AND WOMEN DURING THEIR TIME IN PROGRAM PARTICIPATED IN WORK THERAPY

WHY ARE EQUIPPING AND LIFE SKILLS IMPORTANT?

At Teen Challenge Canada, we believe our equipping and life skills programs are a vital part of recovery, helping individuals bridge the gap between addiction and independence. Without these practical skills, clients may struggle to reintegrate into society, secure stable employment, and maintain healthy relationships. Our program helps clients develop a sense of responsibility and accomplishment, essential for long-term success. Teen Challenge Canada's holistic approach ensures that individuals not only overcome addiction but also become productive and confident members in their communities.

With over 25% of Teen Challenge Canada's staff being program graduates, clients witness firsthand the life-changing impact of work therapy and life skills development on the road to recovery. Through hands-on work therapy and structured routines, clients cultivate accountability, resilience, and purpose, equipping them to navigate life's challenges with confidence.

THANK YOU!

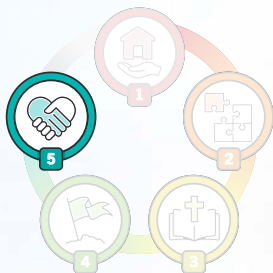
To those who passionately support Teen Challenge Canada's equipping and life skills programming, thank you! Your generosity provides individuals with the opportunity to learn practical skills, discover the value of hard work, and experience the joy of serving others. Because of your support, lives are being transformed, and individuals are gaining the confidence and ability to build a better future for themselves and their families.



RECOVERY MODEL

5

PRE & POST CARE



Recovery is a journey that begins even before a client enters a local Teen Challenge Canada centre and continues long after they leave. Pre & Post Care services ensure that individuals have the necessary support at every stage of their recovery process.

Pre-Care begins with one of our Intake / Admissions staff, a vital first point of contact for individuals and families struggling with addiction. Compassionate, trained staff provide guidance and encouragement, answer questions and help potential clients and their loved ones navigate the application process. The admissions team assesses readiness, provides important program details, and offers prayer and emotional support, helping individuals take that crucial first step toward recovery.

Post-Care focuses on providing continued support after a client completes or chooses to leave a Teen Challenge Canada centre. During this period, they receive encouragement, prayer, coaching and assistance in connecting with local resources and support groups to help them stay on the path to recovery. Graduates of the program also can enroll in a Phase4 post-graduate program where they stay at a Teen Challenge Canada centre for an additional 6 to 12 months. In Phase4, graduates work alongside staff, mentor current clients, and continue their personal development through structured mentoring relationships with counsellors and staff.

Pre & Post Care services provide a vital continuum of care, ensuring that individuals have the resources and spiritual support needed to maintain lasting freedom from addiction.

2024 PRE & POST CARE STATS

1,305

INDIVIDUALS AND FAMILIES ASSISTED DURING THE ADMISSIONS PROCESS

540

HOURS OF CONTINUED SUPPORT POST PROGRAM (CORE & REFRESHER)

64

CLIENTS PARTICIPATED IN A POST-GRADUATE PHASE4 PROGRAM

WHY ARE PRE & POST CARE SERVICES IMPORTANT?

Pre & Post Care services are crucial in ensuring a seamless transition into and out of the recovery program. Without the right support system, individuals may struggle with uncertainty, relapse, and feelings of isolation. The Intake Assistance Call Centre offers hope and direction at the beginning, while the ongoing care program provides a crucial safety net as clients reintegrate into society.

By offering structured support both before and after their stay, Teen Challenge Canada empowers individuals to build lasting recovery, foster resilience and long-term success.

THANK YOU!

Your support of Teen Challenge Canada's Pre & Post Care services provides a vital network of hope and encouragement for individuals on their recovery journey. Whether it's helping someone take their first courageous step or providing ongoing guidance after they leave the program, your generosity makes a lasting impact. **Because of you, individuals are finding strength, stability, and renewed purpose as they continue their path to a brighter future.**

To read Sophie's* story, go to pgs 38-39.





SOPHIE'S STORY

FINDING STRENGTH BEYOND RECOVERY

Sophie* was hesitant to reach out for help with her substance addiction, fearing judgment and failure because of the many times she had tried rehab and quit.

The weight of addiction had left her feeling isolated, and the idea of starting over felt impossible. However, after speaking with a caring Teen Challenge Canada Intake Associate, Sophie experienced something she hadn't felt in years—hope. The admissions process wasn't just about paperwork; it was about reassurance, understanding, and clarity. Her mother played a crucial role in this process, standing by her side as an advocate, offering encouragement, and helping her navigate the steps needed to enter the program. With her mother's unwavering support, Sophie found the courage to take the next step and enter the 12-month program.

Throughout her program, Sophie found healing, structure, and a renewed sense of identity. She learned how to face the struggles that once seemed insurmountable and discovered the power of faith and community in her recovery. But as her graduation day approached, a new challenge loomed—reintegrating into life outside the program.

RECOVERY IS NOT JUST ABOUT GETTING SOBER—IT'S ABOUT STAYING STRONG, FINDING PURPOSE, AND KNOWING YOU'RE NEVER ALONE.

Teen Challenge Canada's post-care program became Sophie's lifeline. With regular check-ins, prayer support, and access to a local support group, she found the encouragement needed to stay strong in her sobriety. The transition back into everyday life wasn't always easy, but having a support system that genuinely cared made all the difference.

"I realized recovery isn't a destination; it's a lifelong journey that I need to walk with others and with the Lord." Sophie shared. "And the aftercare support I received kept me grounded and reminded me that I wasn't alone in this."

Determined to give back, Sophie enrolled in the Phase4 program—a crucial step that allowed her to mentor others in recovery and develop leadership skills. Through this program, she gained the confidence to pursue new opportunities and help others navigate their own recovery journey.

Sophie's dedication to her sobriety also led her to become involved in advocacy and support efforts within her community. She is now an active member of a local Celebrate Recovery group, hosted by a church in her area, where she finds joy in encouraging others who are struggling in many of the same ways she once did. She also mentors women in early recovery, helping them regain confidence and find hope. In addition to her advocacy work, Sophie has built strong, supportive relationships with others who share her commitment to living a sober and purposeful life. She is excited about the prospect of a fulfilling career once she completes her schooling, seeing it as another way to make a difference in the lives of others. *"I never imagined that my pain would turn into a purpose," she shares. "Now, I get to walk with others and remind them there is hope beyond addiction."*

Teen Challenge Canada's Pre & Post Care program ensure that individuals like Sophie not only overcome addiction but are equipped to sustain long-term success. Recovery doesn't end after treatment—it's an ongoing process that requires consistent support, faith, and commitment.

***Note:** 'Sophie' is a pseudonym, and some details of her story have been altered to protect her privacy.





“THEREFORE, IF ANYONE IS IN CHRIST, THE NEW CREATION HAS COME: THE OLD HAS GONE, THE NEW IS HERE!” 2 Corinthians 5:17 NIV



STRATEGIC PRIORITIES

Since 2012, Senior Management and the National Board of Teen Challenge Canada have developed a series of multi-year strategic plans to guide the organization's growth and development.

These plans serve as a high-level roadmap, ensuring our programs and services continue to adapt to the changing needs of those battling substance addiction while fostering sustainable growth and long-term impact.

Following a recent five-year period of significant expansion—including adding three new centres, increasing our bed capacity by 50%, and accommodating up to 74 additional clients—our current strategic plan focuses on strengthening the expanded foundation of the ministry. This includes refining our services to better support the increased number of individuals in our care, equipping our staff with additional training resources, enhancing program accessibility, and preparing for future sustainable organizational growth.

Building on the significant progress made in 2024, we remain committed to advancing our mission, enhancing program effectiveness, and ensuring we provide best-in-class, faith-based recovery. Here are a few strategic initiatives we are prioritizing for 2025.

1 EXPANDING INFORMATION & SUPPORT FOR CLIENT FAMILIES

The Need: Addiction affects entire families, causing emotional and psychological strain. Many loved ones feel helpless, unsure how to support recovery. Without guidance, relationships suffer, and the journey to healing becomes harder for both the individual and their family.

Our Response: We are expanding family support by providing educational resources, workshops, and stronger communication tools. These efforts will help families understand addiction, navigate challenges, and become a source of encouragement throughout their loved one's recovery journey.

The Benefit: Informed families offer better support, strengthen relationships, and improve recovery outcomes. By equipping loved ones with knowledge and guidance, we will help create a supportive environment that fosters lasting healing and reduces the risk of relapse.

2 LAUNCHING CHRIST-CENTERED ADDICTION-AWARENESS SESSIONS FOR CHURCHES

The Need: Addiction has reached crisis levels in our communities, and churches often serve as the first point of contact for those seeking help. However, many pastors and church leaders feel unequipped to address this growing challenge.

Our Response: We will introduce addiction-awareness sessions designed to equip pastors and church members with a faith-based understanding of addiction and practical ways to provide support.

The Benefit: Churches will be better prepared to recognize addiction, respond with compassion, and guide individuals and families to the resources they need.

3 INTRODUCING THE ONGOING CARE PROGRAM FOR PHASE 3 CLIENTS AND GRADUATES

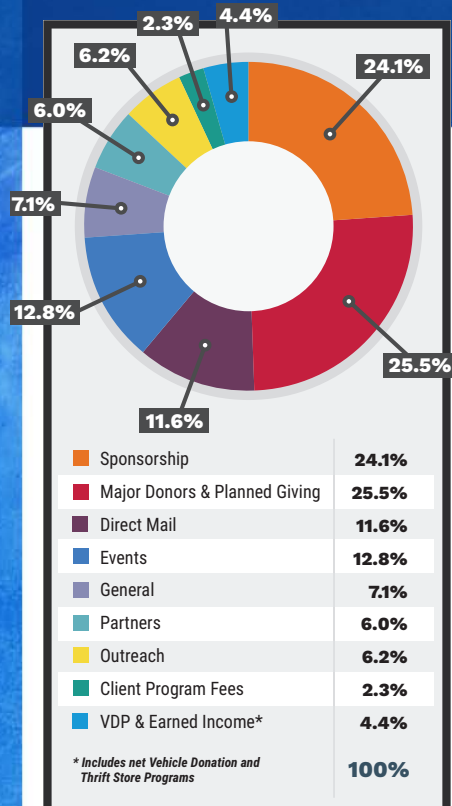
The Need: Recovery is a lifelong journey that extends well beyond the 12-month in-residence program. Clients face significant challenges as they reintegrate into society, requiring continued support to sustain their sobriety and rebuild their lives.

Our Response: A new ongoing care coach role has been created to implement a structured support curriculum. Beginning in the last four months of the program, clients will receive targeted guidance in nine key areas critical to long-term success, with ongoing coaching for six months post completion.

The Benefit: Graduates will transition into their communities with confidence, equipped with the tools to maintain their sobriety, succeed in their careers, and nurture healthy relationships.

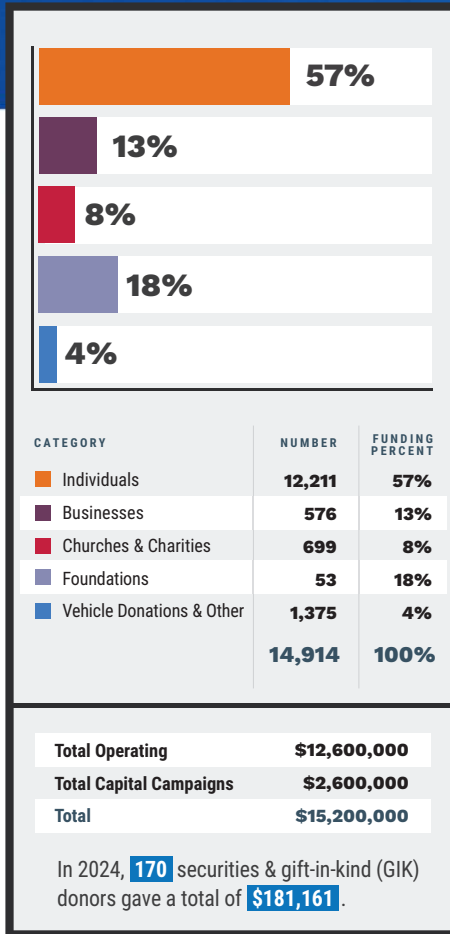


GROSS DISTRIBUTION OF GIVING INCOME

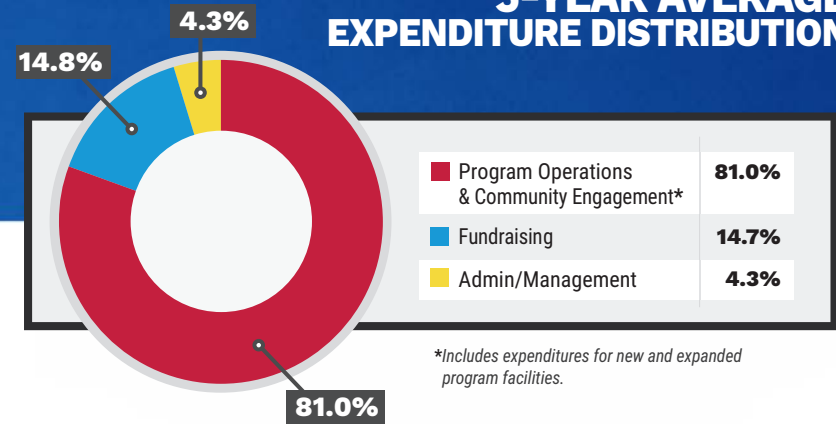


Thank you to the **14,914** donors who gave **\$15.2 million** to help men and women experiencing addiction in 2024.

DONOR DISTRIBUTION FINANCIAL SUPPORT



5-YEAR AVERAGE EXPENDITURE DISTRIBUTION



ADDITIONAL POINTS

- Community Engagement is our on-the-ground centre programming that includes ministry team / client public speaking training, education and awareness of addiction treatment, and educational materials.*
- Client fees (\$1,100 per person) fund 2% of the overall cost of their yearlong program.
- The average monthly cost of a program bed is over \$5,500; which includes shelter, food, 24/hr care and supervision, and professional treatment. This expense also covers administration and fundraising so our program is accessible to all.
- Teen Challenge Canada receives no ongoing government funding, and is completely funded by individual commitments and donations.
- We keep our admin costs low (4.3%) by centralizing admissions, call centre, accounting, and support tasks for all our centres.

We are so grateful for your continued support! Your financial gifts enable our life-changing message of recovery and freedom to reach as many individuals as possible, every day!

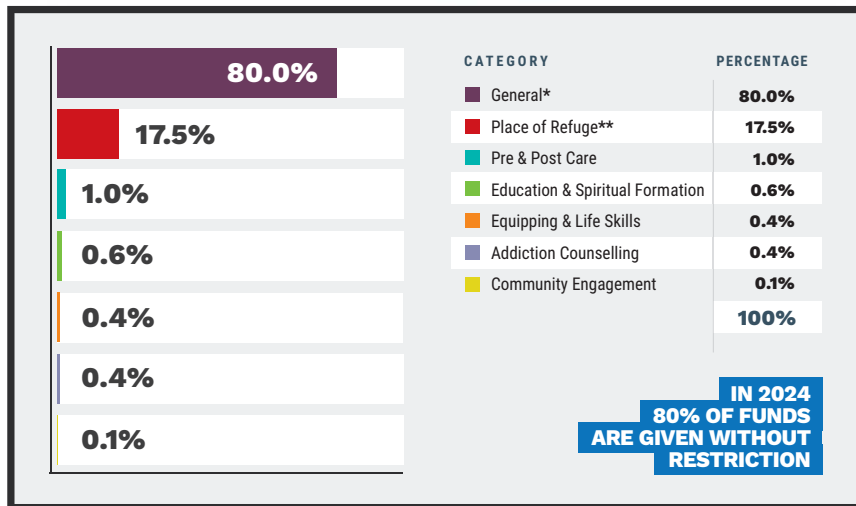
For full audited statements, visit www.teenchallenge.ca/financials

Teen Challenge Canada is committed to handling the finances entrusted to us with the utmost integrity. That is our commitment to you! In the last five years, an average of **81.0%** of funds were used for program activities to benefit the men and women in our eight centres across Canada, and **19.0%** was utilized for fundraising and other operating expenses (see pg. 45).

"Teen Challenge Canada is committed to maintaining financial stability while continuing to grow and evolve as an organization. Thank you for your faithful donations. Your support is creating lasting change for so many across Canada!"
 – Jim Palmer, Director of Finance, Teen Challenge Canada

RECOVERY MODEL ELEMENTS FUNDING DISTRIBUTION FOR 2024

At Teen Challenge Canada, donor generosity and trust ensures strong support across all recovery program areas. In 2024, 80% of donors gave without restriction, allowing us to allocate funds where they were most needed, while also honouring designated gifts that directly support key recovery model elements.



Notes:

* General includes net revenue from Thrift Store and Vehicle Donation Programs

** Place of Refuge includes funds for new and expanded program facilities.

"At Teen Challenge Canada, every donation fuels life change. Through the generosity of our supporters, we can provide the faith-based care, support, and recovery programs that transform lives. Every gift helps someone take the next step toward freedom from addiction."

– Glen Smeltzer, CEO, Teen Challenge Canada

RECOVERY MODEL ELEMENTS EXPENDITURES FOR 2024

Teen Challenge Canada directs funds to our essential recovery program services, including community engagement and awareness programs, ensuring comprehensive support for addiction recovery, and long-term transformation.

	2024	2023	2022
PLACE OF REFUGE Covers facility operations, new residence construction, 24/7 supervision, meals, and essential care.	\$6,370,900	\$4,738,000	\$4,255,900
ADDICTION COUNSELLING Funds certified Addiction Counsellors, clinical supervision, mental health care, trauma support, and specialized training.	\$706,400	\$596,500	\$679,900
EDUCATION & SPIRITUAL FORMATION Supports Spiritual Formation Coaches, education staff, classroom resources, Bible studies, curriculum, technology, and discipleship programs.	\$1,180,300	\$1,160,600	\$1,105,400
EQUIPPING & LIFE SKILLS Provides Work Therapy Coordinators, equipment, supplies, and supervised training to develop practical, employable skills.	\$1,849,800	\$1,765,600	\$1,648,700
PRE & POST CARE Funds Admissions Coordinators, Ongoing Care Coaches, communication resources, technology, and addiction recovery administration.	\$718,000	\$637,200	\$564,400
COMMUNITY ENGAGEMENT* Supports ministry team and client public speaking training, addiction education, awareness programs, and the development of materials.	\$1,281,900	\$1,285,300	\$1,211,100
TOTAL PROGRAM EXPENDITURES	\$12,107,300	\$10,183,200	\$9,465,400

Note:

*Community Engagement plays a foundational role in all aspects of recovery. While shown as a separate expenditure, its benefits are seen throughout the five core program recovery elements.

TEEN CHALLENGE CANADA

IMPACT REPORT 2024

ANNUAL UPDATE

“Demonstrating God’s love by helping individuals become free from substance addiction and equipping them to live full and meaningful lives.”

EVERY DAY



TEEN CHALLENGE CANADA INC.

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